

be happier · build family unity · feel great · take care of latch key children · reduce unemployment · in-crease communication skills · expand knowledge

lose weight. diminish chance of disease. build selfesteem · reduce stress · promote sensitivity to cultural diversity· eliminate loneliness · increase community pride · reduce crime · provide safe places to play · generate revenue · lower health care costs · meet friends · educate children and adults · relax · keep business from leaving ·elevate personal growth·strengthen neighborhood involvement · conquer boredom · províde child care · boost economy · curb employee absenteeism · increase tourism · build strong bodies · increase property value · attract new business · preserve plant and animal wildlife · instill teamwork · live longer · protect the environment · create memories · clean air and water · boost employee productivity · look better · enhance relationship skills · decrease insurance premiums · control weight · offer places for social interaction · diminish gang violence · teach vital life skills · provide space to enjoy nature . . THE BENEFITS ARE ENDLESS

Spring and Summer 2012 Program Guide

Special Events



16th Annual Egg Hunt

Join the Parks & Recreation Department on the grounds of Town Hall on Saturday, March 31. Additional features include a jellybean counting contest, and a special appearance by the Easter Bunny. Bags will be provided for egg collecting. Call the Parks & Rec.

Office to pre-register. Cost is \$1.00 per child. Pay on the day of the hunt in the lobby of Town Hall. Rain date is Sunday, April 1.

Age Divisions:
Under 3 at 12:00 p.m.
3- 4 year olds at 12:15 p.m.
5 - 6 year olds at 12:30 p.m.
7 - 8 year olds at 12:45 p.m.
Time: See above

Day: Saturday Time: See above Date: 3/31 Fee: \$1.00

13th Annual Flashlight Egg Hunt



Just for students in grades 3 – 5! The hunt will be held on the grounds of Town Hall at 8:00 p.m. sharp, and will last approximately 20 minutes. All participants must bring their own

flashlights. Bags will be provided for collecting. Call the Parks & Recreation Office to pre-register. Cost is \$1.00 per student. Pay on the evening of the hunt in front of the Town Hall.

Day: Friday Time: 8:00 p.m. Date: 3/30 Fee: \$1.00

Springtime Crafts Workshop

Children ages 3 - 5 and in grades 1 - 4 will create an eggceptional craft for spring. Please wear a smock or clothes that can get messy.

Day: Friday Date: 3/30

Tots: 5:00 – 6:00 p.m. **Grades 1- 4:** 6:00 – 7:00 p.m.

Place: Town Hall Room 119

Instructor: Pam Zavarelli Fee: \$15.00

Tom O'Brien's Magic Show

Looking for a fun way to spend some time with your children on a day off from school? Join us for a Comedy Magic Show by Tom O'Brien. Tom has delighted children at our summer camp program, and is also the instructor of our ever-popular magic workshops. This performance is age appropriate for children 3 – 10, and will be held in the auditorium of Brookfield High School, 10:00 – 10:45 a.m. This event is free and we look forward to seeing you there!

Day: Thursday Time: 10:00 a.m. start
Date: 4/19 Place: BHS Auditorium

Fee: Free

Mother's Day 5K – Sunday, May 13 9:00 a.m. start at Brookfield High School Please visit our website to download an application. Walkers welcome!

Special Events, continued

15th Annual Big Wheel "500"



Drivers ages 3 - 6, rev up your engines for the fifteenth annual Big Wheel 500. Each driver should bring his or her own vehicle (no bicycles, please) and helmet, and be prepared for an exciting race around the parking lot of Town Hall, which will be closed to traffic. Big wheels will be provided for children if needed. Race begins at 2:00 p.m.

All who participate will receive a prize. Please pre-register with the Parks & Recreation Office by calling 775-7310.

Day: Saturday Time: 2:00 p.m. Date: 5/12 Fee: Free



"Drive In" Movie Series

Now on Friday night...come for the concert, stay for the movie! We're going to be reliving all of the excitement of the Danbury Drive In right here

in Brookfield at the twelfth annual drive in movie series. Bring your friends and family, along with blankets, chairs, and snacks. The show starts at dusk at Town Hall, and will be shown on a 10 x 10 foot video screen. Seating will be on the lawn in front of the bandstand. This event is free! A flyer detailing the movies will be sent through the schools in June and will also be available on our website.

Day: Friday Time: Starts at dusk

Date: 7/20, 8/3, 8/17 Fee: Free

Summerfest

This popular event will be held at the Town Park Beach on Candlewood Lake Road, 12:00 – 4:00 p.m. Features include water balloon and egg tosses, a sand castle building contest, ice cream and watermelon eating contests, diving and cannon ball contests, and more. There is no charge for the events, but you will need to show your beach pass or pay the daily guest fee to enter the Park for the day.

Day: Friday
Time: 12:00 – 4:00 p.m.
Date: 7/20
Fee: free with beach pass



Discount Tickets for Lake Compounce

We are pleased to offer you the opportunity to purchase discount tickets to Lake Compounce Amusement Park in Bristol, CT. Tickets will be available for purchase beginning June 1 through August 24, and can be used for daily admission through September 2012. Price is \$26.75 for either adult or junior tickets. That's almost \$14.00 less than the price at the gate for adult tickets!

Get Out of Town

New ~ Ellis Island & Statue of Liberty

Are you one of the 40% of Americans that have an ancestor who entered the country through Ellis Island? Over 12 million people passed through the island while it was in operation. Come discover the Ellis Island Immigration Museum's importance in America's history. We'll also be making a stop at the Statue of Liberty to explore the grounds. Please note that access inside is currently restricted as the 125 year old Statue undergoes improvements. We'll be leaving Brookfield Town Hall at 8:00 a.m. and traveling by coach bus to the catch a ferry to both islands. Arrive back in Brookfield approximately 6:30 p.m.

Day: Saturday Date: 5/19 Time: 8:00 a.m. departure Fee: \$59.00

New ~ A Taste of Manhattan 2

We'll be leaving from Brookfield Town Hall at 8:00 a.m. for a fun, food-filled day including; Zabar's on the Upper West Side, Eataly, a wonderful Italian marketplace located in lower Manhattan; Chinatown, and Little Italy Ferrara Bakery and Café Return to Brookfield at approximately 7:00 p.m. Our tour director will share tips and suggestions at each neighborhood. Please note that this trip requires moderate walking, and that you will need to bring along money for food, as it is not included in the price.

Day: Saturday Date: 6/16 Time: 8:00 a.m. departure Fee: \$59.00

Adult Education

Microsoft Word 2000 Level 1

Learn the basic skills needed to use this program. Copy, Cut, Paste, Save, Insert, Tables, and more will be covered.

Day: Wednesday Time. 6:00 – 8:30 p.m. Pate: 5/16 Fee: \$65.00

Date: 5/16 Fee: \$65.00 Place: Computertalk, 475 Federal Road, Unit B



Microsoft Word 2000 Level 2

Learn how to prepare more complex documents. We will create a newsletter and in the process learn how to create headers and footers, import graphics and pre created text, create and format tables and more. A working

knowledge of MS Word is required. A course manual and disk are included.

Day: Wednesday and Thursday Time: 6:00 - 8:30 p.m. Dates: 5/23 and 5/24 (2 classes) Fee: \$135.00

Place: Computertalk, 475 Federal Road, Unit B

Microsoft Excel 2000- Level 1

This class is designed for individuals who have little or no experience in using a spreadsheet. Class will teach use of simple formulas, charting, fill commands, nomenclature and more.

Day: Monday Time: 6:00 - 8:30 p.m.

Date: 5/14 Fee: \$65.00

Place: Computertalk, 475 Federal Road, Unit B

Adult Education, continued



Microsoft Excel 2000 - Level 2

Working with a fictitious company, students will learn how to work with databases and lists, use logical, financial and date functions, format worksheets, insert, move and modify

objects, link worksheets with 3-D references, use excel on the web, and use and customize templates. A course manual and disk are included.

Day: Tuesday and Thursday Time: 6:00 - 8:30 p.m.

Dates: 5/15 and 5/17 (2 classes) Fee: \$135.00 Place: Computertalk, 475 Federal Road, Unit B

Microsoft Excel 2000 – Level 3



Participants will master the following skills in this course: working with records and ranges; sorting, outlining and filtering lists; importing and exporting data; using pivot tables and pivot charts; using data analysis tools; protecting and

sharing workbooks; managing workbooks with comments; data validation; and merging/linking workbooks. A course manual and disk are included.

Day: Monday and Tuesday Time: 6:00 - 8:30 p.m.

Dates: 5/21 and 5/22 (2 classes) Fee: \$135.00 Place: Computertalk, 475 Federal Road, Unit B

Women's Guide to Money Matters

Women's Guide to Money Matters is a seminar designed for women of all ages to learn how to take control of their financial life by examining their values and setting specific, realistic and measurable goals. At this seminar participants will learn strategies about:

- What you can do now to prepare for retirement
- Your options to pay for a child's or grandchild's education
- Developing a strategy to help achieve your financial goals and enjoy life with financial freedom

Day: Wednesday Date: 4/25
Time: 5:30 - 7:00 p.m. Fee: \$10.00
Place: Edward Jones, 304 Federal Road, Brookfield

Internet Marketing Basics

Are you using the internet effectively to market your business? Small businesses and organizations need to use internet tools to their advantage. But without big budgets, how can you get the skills you need? This course provides an overview of how to use the internet for marketing. We will discuss the basics of creating a useful website, how to get your content found by search engines, using social media to connect with your audience and how to measure and analyze your internet marketing program. Learn how to create your own internet marketing program, or learn the basics so you can communicate effectively with an agency. No background in internet marketing is necessary.

Day: Tuesday Time: 7:00 – 8:30 p.m. Session 1: 5/1 – 5/8 (2 wks) Fee: \$39.00/session

Session 2: 6/5 - 6/12 (2 wks)

Place: Town Hall Meeting Room 129

Instructor: Laura Orban

Adult Education, continued

Animal Communication

What is your pet trying to tell you? Animals have their own language and have a need to communicate. Some things to understand are: Which animals carry that special energy? What do they know that we don't? Learn, experience, enjoy and come with an open mind, which will clear your mind for better understanding to communicate with that special animal in your life. Please bring one or more photo(s) of a single pet(s) alone in a "photograph" - with a face view. Information will be duplicated in both sessions.

Session 1: Wednesday, May 16 Session 2: Wednesday, June 6

Time: 6:30 – 8:30 p.m. Fee: \$20.00

Place: Town Hall Meeting Room 129

Instructor: Rita Marie Bryant

New ~ Opening Inner Psychic Abilities

Is this natural? Can anyone do this? An experiential class with lots of information to heighten your awareness and abilities. Please bring a notebook and something to write with. Limited seating.

Session 1: Wednesday, April 25 Session 2: Wednesday, May 30

Time: 6:30 – 8:30 p.m. Fee: \$20.00

Place: Town Hall Meeting Room 129

Instructor: Rita Marie Bryant

New ~ Clear the Clutter

Now is the time for spring cleaning...why not clear the clutter, too? Come learn what clutter really is and why we hang onto it. Learn helpful strategies to move it out mindfully.

Day: Monday Time: 7:00 – 8:30 p.m.

Date: 4/23 Fee: \$20.00

Place: Town Hall Meeting Room 129

Instructor: Marianne Seeber, Licensed Professional Counselor

New ~ Tool Kit for Balanced Living

Do you feel like you are a dog always chasing its tail? Need to learn how to live your life with some more balance? Spend an evening with Brookfield psychotherapist, Marianne Seeber, and start creating a more balanced lifestyle for yourself and your family.

Day: Monday Time: 7:00 – 8:30 p.m.

Date: 5/7 Fee: \$20.00

Place: Town Hall Meeting Room 129

Instructor: Marianne Seeber, Licensed Professional Counselor

Intermediate Bridge

This advanced beginner's course is intended for players who have completed the beginner's course or who currently play and wish to sharpen

their skills. The class will begin with an overview of bidding and regular responses and will follow with discussions on reverses, jump responses, rebids, slam bidding and play of the hand. The minimum size of the class is six participants, maximum of twelve.

Day: Wednesday Time: 6:30 – 8:30 p.m.

Dates: 4/18 - 6/6 (7 wks) - no class 5/9

Instructor: Irv Agard Place: Senior Center

Fee: \$63.00

Adult Education, continued

Digital and Film Photography

In just five weeks this class will have you using your camera like a pro. It will demystify what all those buttons and hidden menus do. Technical terms like white balance, ISO and resolution will be explained, but we'll also spend time developing your artistic sense. Weekly assignments will encourage you to practice and develop your skills. Plus this season we'll examine what your smart phone camera can do. Charge up your batteries, bring your camera manual, and let's have some fun!

Day: Tuesday Time: 7:00 – 9:00 p.m.

Dates: 4/10 - 5/15 (5 wks) - no class 4/17

Place: Town Hall Meeting Rm. Instructor: Mary Ann Kulla

Fee: \$70.00



Click, Load & Print

This class will demonstrate how to get your digital photos onto your computer, organize them, and make prints using your home printer

or an online lab. Bring a memory card with some pictures you don't mind experimenting with, plus bring any connecting cables that came with your camera and your camera manual.

Day: Tuesday Time: 7:00 - 9:00 p.m.

Date: 5/22 Fee: \$25.00

Place: BHS Computer Lab Instructor: Mary Ann Kulla

Photoshop - Individual Training

Have you been struggling to improve your photos with **Photoshop Elements** or some version of **Photoshop**? Are you encountering lots of frustration? If so, this is your opportunity to sit down with an experienced Photoshop user - with at most one other student - to identify and move beyond your current roadblocks. Bring your laptop with images that you'd like to work on, or use the Brookfield High School computers. Since this will be individualized instruction, we can focus on your unique interests. We'll cover whatever topics you'd like to experiment with: tools, selections, pallets, layers, actions or giving your images a unique tonality. Take the next step towards realizing your creative vision!

Day: Tuesday Time: 7:00 - 9:00 p.m.

Date: 5/29 or 6/5 (1 wk) Fee: \$75.00 Place: BHS Computer Lab

Instructor: Mary Ann Kulla



Guilt-free Pasta

Everyone loves pasta, but many of the delicious sauces we are familiar with—from Grandma's Sunday sauce cooked with pork and beef, to rich and creamy Fettuccini Alfredo—have too much

saturated fat for today's heart-healthy diets. In this course we will explore a handful of traditional pasta recipes from different regions of Italy which use vegetables, seafood, fish, and even fruit, to make satisfying and festive dishes. We may also try our hand at making different versions of gnocchi, and some homemade pasta. Come hungry to our class—because we'll be feasting on the dishes we cook!

Day: Wednesday Time: 6:30 – 8:30 p.m.

Dates: 4/25 - 5/16 (4 wks)

Place: WMS Home Ec. Room #1515

Instructor: Ann Salinger Fee: \$82.00

Adult Education, continued

Mediterranean Vegetable Cooking a la carte

Everyone knows that the heart-friendly "Mediterranean Diet" is filled with wonderful, but sometimes unfamiliar, vegetables, from artichokes to zucchini. Whether your goal is to stretch your grocery budget with hearty non-meat dishes, cook for a vegan or vegetarian, or surprise your dinner guests with something different, this class will meet your needs. Participants will spend time learning how to select and prepare ingredients and the different cooking techniques used with those ingredients. Many traditional recipes have been updated to make them lower in cholesterol, and able to retain the maximum number of nutrients (both original and updated cooking methods will be discussed.) Classes will be conducted as a combination demonstration and hands-on workshop and will encompass appetizers, side dishes, and main courses. Topics covered will be decided upon by the students enrolled during the first class of each session, but may include; eggplant, squashes, peppers, greens, artichokes, mushrooms, beans, cauliflower, and cardoons. Instructor Ann Salinger's first cooking teacher was her mother, who grew up on a farm in Southern Italy. Since then Ann has taken numerous cooking courses in Europe (where she lived for seven years) and Asia, and has enjoyed sharing her knowledge of ingredients and techniques, and enthusiasm for cooking, with friends and students.

Day: Friday Time: 10:00 a.m. – 12:00 p.m.

Dates: 4/27 - 5/18 (4 wks)

Place: Congregational Church, Fair Kitchen

Fee: \$82.00



D.E.P. Boating Safety Course

Students of all ages successfully completing this course will satisfy the education requirements for the Connecticut State

Boating Certificate, required for anyone who operates a boat. Participants must attend all four classes in the same session. There is an additional \$50 certificate fee to the State, which you will mail in after successful completion of the class.

Session 1:

Day: Tuesday and Thursday (twice a week for 2 weeks)

Time: 7:00 - 9:30 p.m.

Dates: 4/3, 4/5, 4/10, 4/12 (4 classes)
Place: WMS Seminar Rm. Fee: \$20.00

Session 2:

Day: Monday and Wednesday (twice a week for 2 weeks)

Time: 7:00 - 9:30 p.m.

Dates: 5/7, 5/9, 5/14, 5/16 (4 classes)
Place: WMS Seminar Rm. Fee: \$20.00



We are always looking for new class ideas! If you have an area of expertise that you would be willing to share with others, please download a "class proposal form" from our website. Days and times of classes are

flexible, and previous teaching experience is not always necessary. Class proposals should be received by 6/1/12 to be considered for the fall program guide.

WERACE Adult Education

WERACE (Western Connecticut Regional Adult Education) is a regional program that provides FREE State mandated adult education services to adults 17 years of age and older who live in the towns of Bethel, Brookfield, Danbury, New Fairfield, Newtown, Redding and Ridgefield. A full range of free adult education programs including ESL and high school completion is presently available to adult learners from the above towns and allows WERACE to address basic literacy needs, as well as the skills necessary to transition to higher education, training and/or employment. For more information about these services, contact:

WERACE 203-797-4731 10 Crosby Street, Danbury, CT 06810 https://sites.google.com/a/danbury.k12.ct.us/werace/

Please note all Adult Education classes included in this program guide are provided by the Brookfield Parks & Recreation Department. Questions and registrations should be directed to us at 203-775-7310.

Decorative Arts

Watercolor for Adults

Whether you are an artist just starting out or someone who has painted for a while, you will find this workshop fun, educational and inspiring. You will learn how to see colors in nature you have never seen before through the color wheel, and touch upon the importance of good drawing techniques as the bones of your painting. You will learn a wide variety of watercolor techniques while painting your own landscape by the end of the class, including values, learning first to see them in black and white then in color. Please ask for a materials list when registering (approximate cost \$40).

Day: Thursday Time: 6:00 - 8:00 p.m.

Session 1: 3/29 - 5/24 (8 wks) - no class 4/19

Session 2: 6/7 – 7/26 (8 wks) Session 3: 8/16 – 10/4 (8 wks)

Place: Senior Center Fee: \$88.00/session

Instructor: Victoria Lange

Beginning Sewing

Have you ever wanted to learn how to sew? Here's your chance in this program for students with little or no sewing background. Before the class begins the instructor will either meet you at Joanne's Fabrics in Brookfield or speak with you over the phone, to help you pick out a pattern and fabric suitable for the project that you'd like to complete. Over the next six weeks you'll be walked through the steps to complete your project, including how to read a pattern, and how to use a sewing machine. Additional materials cost will depend upon the project and fabric you select, but are estimated at \$40-100. (Be prepared to bring to first class.)

Day: Thursday Time: 6:00 - 8:00 p.m.

Dates: 4/26 – 5/31 (6 wks) Fee: \$90.00

Place: WMS Home Ec. Room Instructor: Karen Ryavec

Adult Fitness



Train for a 5K

Are you interested in running a 5K (3.1 miles) road race? Are you a walker who would like to try running? Are you a runner interested in improving your times? Come join Cassie Dunn in a group setting for a series of training runs and short lectures. (Come dressed to run and

bring a water bottle) You will learn how to design a training program based on your level of fitness, whether you are a walker or a runner. Each participant will be evaluated and given a training program to follow on their own until the next week's meeting. This program will meet for six weeks, culminating in the Mother's Day 5K on 5/13/12. (Registration for the 5K is included in the fee.) All fitness levels are welcome! Cassie Dunn, a former cross-country and track coach, lives in Brookfield. She is a NASM certified personal trainer, functional training specialist, Pilates instructor and Spinning instructor.

Day: Saturday Time: 9:00 – 10:00 a.m. Dates: 4/7 – 5/12 (6 wks) Instructor: Cassie Dunn

Place: BHS Track Fee: \$70.00

New ~ Healthy Athlete Sports Clinic

Would you like to:
Train more effectively?
Optimize performance?
Recover faster from muscle fatigue?

Ease chronic pain?

Learn how your muscles and nervous system combine to be your most powerful weapon in preparing for, or recovering from, any sport or training event. Come to our 90 minute healthy athlete clinic and invest in your performance health. Dr. James Miller D.C. and Tanya Myslovskiy, a licensed massage therapist specializing in Sports Massage, will conduct the interactive clinic which includes a complimentary chair massage for each attendee. Limited to 10 people per session.

Session 1: Saturday, April 21, 10:30 a.m. – 12:00 p.m. Session 2: Tuesday, April 24, 6:00 – 7:30 p.m. Session 3: Saturday, May 5, 10:30 a.m. – 12:00 p.m.

Place: Brookfield Family Chiropractic, 499 Federal Road

Fee: \$10.00 for one 90 minute session



Zumba is a great way to stay physically and mentally fit. It is like no other workout you will ever experience! Zumba is great for the mind, body and

soul and is based on the principal that exercise should be fun, which helps you stick with the program until you get results - the key to long term good-health. It's a feel good exercise program designed with a scorching fusion of world music and spicy dance rhythms. With its easy to follow choreography, you burn 500 to 800 calories per hour depending on how hard you work, and tone your body from head to toe. Zumba fitness utilizes aerobic interval training (combining fast and slow rhythms) to deliver a high energy, heart pumping cardiovascular workout you want to return to again and again.

Day: Wednesday Time: 7:00 – 8:00 p.m.

Dates: 4/11 – 6/6 (8 wks) – no class 4/18 Place: WMS Cafeteria Fee: \$75.00

Instructor: Dolly Pinto

Adult Fitness, continued

Yogalates

A hybrid of yoga and Pilates, Yogalates will give you the best of both techniques. By becoming mindful of movement and breath,

and connecting your mind to your muscle, you will increase your flexibility, strength and muscle balance. This program can be modified for all fitness levels, but participants should be comfortable working on the floor. Please bring a mat, a towel and water bottle.

Day: Tuesday Time: 7:00 – 8:00 p.m.

Dates: 4/10 - 6/5 (8 wks) - no class 4/17

Place: Center School Gym Instructor: Phyllis Babuini

Fee: \$75.00

The Fit Female Challenge

8 WEEK PROGRAM, UNLIMITED CLASSES! LOSE FAT AND INCHES! GUARANTEED RESULTS! Watch your body change as you lose fat and inches. For 8 weeks, you MUST take a minimum of 4 classes per week. You can take any 4 classes that you choose and as many additional classes as you would like. A record will be kept of your classes. You will be weighed and measured before your first class. A nutrition plan will be recommended for you. At the end of 8 weeks, you will be weighed and measured again. We are so confident that you will be successful, that, if you HAVEN'T lost fat and inches, you will be given a 3 month, VIP membership to NO LIMIT HEALTH & FITNESS. Register no later than Friday, April 20 and expect to begin the week of April 23.

Fee: \$199.00

Place: No Limit Health & Fitness, 1120 Federal Rd.

Pilates Sculpt

This class combines traditional Pilates and body sculpting exercises using light dumb bells, rings and bands for a total body workout. It is an excellent workout for beginner exercisers through

advanced participants. Master instructor, Marni McNiff will guide you through this workout, recommending any necessary adjustments based on your individual needs. All fitness levels are welcome and encouraged! Watch your body change! BABYSITTING AVAILABLE! Register for a session and receive a free single class pass at No Limit.

Day: Tuesday Time: 9:15 – 10:15 a.m. Session 1: 4/17 – 5/22 (6 wks) Fee: \$70.00/session

Session 2: 5/29 - 7/3 (6 wks)

Place: No Limit Health & Fitness, 1120 Federal Rd.

Mother's Day 5K – Sunday, May 13 9:00 a.m. start at Brookfield High School Please visit our website to download an application. Walkers welcome!

Adult Fitness, continued

Abi's Bootcamp

Are you interested in a demanding workout? Do you want to really challenge yourself? Then this workout is for you! Come join Abi Scudder indoors and outside (weather permitting) for an hour to challenge your entire body. Pullups, push-ups, squats, lunges, sprints, drills and core work are just an example of what you will experience. Abi will help push your fitness to the next level. BABYSITTING AVAILABLE with an advanced reservation! Register for a session and receive a free single class pass at No Limit. Day: Friday Time: 9:15 – 10:00 a.m.

Session 1: 4/20 - 5/25 (6 wks) Fee: \$70.00/session

Session 2: 6/1 – 7/6 (6 wks) Instructor: Abi Scudder

Place: NO LIMIT Health and Fitness, 1120 Federal Rd

Power Hour

For women who want a TOTAL-BODY workout and cardio! In this class you will burn calories while firming, shaping and toning the arms, back, chest and shoulders, legs, glutes and abs. Learn proper form and technique to obtain your best body possible. We will use hand-held weights, kettle bells, bands, steps, stability balls and more. No two classes are the same!! For people of all physical levels, Donna will challenge a beginner AND advanced student. A fun class that will get you results! Class also includes a warm-up, cool down and stretching. Bring water and a towel. BABYSITTING AVAILABLE! Register for a session and receive a free single class pass at NO LIMIT!

Day: Thursday Time: 9:00 - 10:00 a.m. Session 1: 4/19 - 5/24 (6 wks) Fee: \$70.00 per session

Session 2: 5/31 - 7/5 (6 wks) Instructor: Donna Binetti

Place: NO LIMIT Health and Fitness, 1120 Federal Road

Adult Fitness – Dance



Ballroom and Latin Dance Mix

Do you have a wedding, anniversary party or class reunion in your future? Would you like to impress your friends with some new moves? In addition to the physical benefits of dancing, mentally dancing serves as a wonderful stress release. The dances you learn will be selected at the instructor's

discretion and may include: Fox Trot, Slow Waltz, Tango, Viennese Waltz, Quick Step, Mambo/Salsa, Cha-Cha, Samba, Rumba, and East Coast Swing. Emphasis will be placed on mastering each step before moving on to new dances. No need to be part of a couple (or have your other half with you) in order to participate. Join other people like yourself who want to learn ballroom and Latin dances in our singles class. Please note the dress code for participation in dance classes, no jeans or sneakers. Our instructor, Galina Andracchio, a former Russian competitor, is a member of the International Dance Teachers Association.

Day: Tuesday

Singles: 6:15 – 7:00 p.m. Fee: \$68.00/person Couples: 7:00 – 8:15 p.m. Fee: \$159.00/couple

Place: Whisconier Middle School Cafeteria

Dates: 4/24 – 5/29 (6 wks)

Adult Fitness - Cycling



Indoor Group Cycling

Come SPIN your way to fitness! You've heard about it, now come and try it! This high-energy workout lets you train at YOUR fitness level in a group situation. In a

darkened room, with a top-notch instructor and great music – you will have FUN while getting into the shape of your life! Regardless of your age, fitness level or experience – you will LOVE this! BABYSITTING AVAILABLE! NO LIMIT Health and Fitness, 1120 Federal Road, Brookfield, CT (775-8548) is the site for all of our cycling classes.

Monday, 9:15 - 10:15 a.m.

Session 1: 4/16 – 5/21 (6 wks) Fee: \$70.00/session Session 2: 6/4 – 7/9 (6 wks) Instructor: Lisa

Monday, 6:00 - 7:00 p.m.

Session 1: 4/16 - 5/21 (6 wks) Fee: \$70.00/session Session 2: 6/4 - 7/9 (6 wks) Instructor: Staff Rotation

Tuesday, 6:00 - 7:00 p.m.

Session 1: 4/17 - 5/22 (6 wks) Fee: \$70.00/session Session 2: 6/5 - 7/10 (6 wks) Instructor: Stacey

Wednesday, 9:30 - 10:30 a.m.

Session 1: 4/18 – 5/23 (6 wks) Fee: \$70.00/session Session 2: 6/6 – 7/11 (6 wks) – no class 7/4 Instructor: Liz

Thursday, 6:00 - 7:00 p.m.

Session 1: 4/19 – 5/24 (6 wks) Fee: \$70.00/session Session 2: 6/7 – 7/12 (6 wks) Instructor: Liz

Saturday, 9:15 - 10:15 a.m.

Session 1: 4/21 - 5/26 (6 wks) Fee: \$70.00/session Session 2: 6/9 - 7/14 (6 wks) Instructor: Staff rotation

Adult Leagues



Men's Softball League

Interested teams should attend the next meeting on Tuesday, April 10, 7:00 p.m. in Room 119 of Town Hall. Interested individuals who are looking to be placed on a team should also attend the April

10 meeting. Interested teams or individuals who cannot attend the scheduled meeting should contact League Director Jason Maxwell before April 10 at jamaxwell@hotmail.com.

Adult Fitness - Tennis

Tennis partner, anyone?

We have had requests from several residents who are looking for additional people to play tennis with. If you are interested in being contacted by other residents who play, or would like to contact others, please email Donna Korb, Administrative Assistant at dkorb@brookfieldct.gov by May 1. She may also be reached by phone at 775-7310.

Please include your name and preferred method of contact (including phone number or email address). It would also be helpful if you noted whether you prefer singles or doubles as well as your approximate playing level if known. We will be compiling a list to distribute to all who responded in mid-May.

Adult Fitness - Tennis, continued

Adult Beginner Tennis Lessons

This class is designed for the beginner adult who has never really played much tennis but wants to learn. We will cover the basic strokes in tennis: forehand, backhand, volley, serve, overhead and lob. In addition, you will learn basic USTA rules of the game, how to play the game, and keep score. Please wear a good pair of sneakers, and bring a racquet whose grip fits comfortably in your hand, sunscreen and plenty of water. (We do have a few racquets if you do not have one.) Hats and sunglasses and a water bottle are suggested.

Day: Saturday Time: 8:30 - 9:30 a.m. Session 1: 6/16 - 7/7 (4 wks) Fee: \$44.00/session

Session 2: 7/28 - 8/25 (4 wks) - no class 8/18

Session 3: 9/8 – 9/29 (4 wks) Place: BHS Tennis Courts

Instructor: Elaine Gregory, BHS Girls' Coach

New ~ Tennis, too

This class is for the adult tennis player who wants to take the next step beyond the beginner level. This class will focus on better execution of strokes and serve, game strategy and play, as well as tennis rules and match scoring. This class will include drills and game play.

Day: Tuesday Time: 6:30 -7:30 p.m.

Session 1: 6/19 - 7/10 (4 wks) Fee: \$88.00

Session 2: 7/24 – 8/14 (4 wks) Place: BHS Tennis Courts

Instructor: Elaine Gregory, BHS Girls' Coach

Adult Fitness - Yoga



YogaSpace is the premier yoga facility in northern Fairfield County. We are proud to be partnering with them to offer a wide variety of yoga styles throughout the week. Their instructors bring a depth of knowledge to

classes that allow students to practice in a safe and comfortable space. This season we are pleased to offer class passes that allow participants to sample a variety of yoga and related offerings. Class passes will also allow participants more flexibility, as they can attend a different class if they need to miss their favorite class for any reason

YogaSpace – Introductory Series Pass

Use your Introductory Series pass at any of the below-listed classes to become acquainted with yoga and related practices. Each class will offer accessible instruction and modifications at a slower pace to help you gain awareness about yourself and an understanding of the practice of yoga. You may use your pass at one class, or you may drop in on several of the classes. Please see www.yogaspace-ct.com for class times and full descriptions. Choose from:

Introduction to Yoga (New Saturday class!)

Gentle Yoga Kripalu Yoga

Tai Chi Fusion Dates: 4/9 – 6/23

Fee: \$160 for a 10 class pass. Once purchased through Parks & Rec, your pass will be maintained at YogaSpace for your convenience. The pass is good through 6/23/12.

Adult Fitness - Yoga, continued

YogaSpace – Intermediate Series Pass

Use your Intermediate Series pass to deepen your practice. Choose from any of the below-listed classes to take your physical and emotional practice to the next level. Our certified instructors will guide you in more challenging postures at a faster pace. Prior yoga experience is recommended. You may use your pass at one class, or you may drop in on several of the classes. Please see www.yogaspace-ct.com for class times and full descriptions. Choose from:

Mixed Level Yoga Anusara-Inspired Yoga

Ashtanga Yoga Dates: 4/9 – 6/23

Fee: \$160 for a 10 class pass. Once purchased through Parks & Rec, your pass will be maintained at YogaSpace for your convenience. The pass is good through 6/23/12.

Fertile Yoga

For women who are trying to conceive, or who want to address reproductive issues through stress reduction techniques. Spouses and partners are also encouraged to attend! This program is funded by RMA of CT. There is no charge, but registration is required.

Day: Friday Time: 6:00 – 7:15 p.m.

Dates: 4/13 – 6/22 (11 wks) Fee: No charge Place: YogaSpace, 777 Federal Rd., second floor

Instructor: Lisa Rosenthal

Little Seed & Me – Postnatal Mommas & Pre-Crawlers

Welcome new moms and infants who are not crawling yet. Michelle's signature Green Woman Baby & Me Yoga Class will help you remember your body (that vehicle of power and strength) and nurture you back to movement and reawakening through Yoga. Postpartum means a yoga practice that is often interrupted by nursing, feeding, caressing, holding, diaper changes, and independent moments of triumph. Join Michelle for a playful hour of yoga with some extra bonding and transition time at the end so your experience is leisurely and relaxing! For caregivers and infants who are not yet crawling.

Day: Monday Time: 12:00 – 1:15 p.m.

Dates: 4/9 – 6/18 (11 wks)

Place: YogaSpace, 777 Federal Rd., second floor

Instructor: Michelle Wenis

Fee: \$160 for a 10 class pass. Once purchased through Parks & Rec, your pass will be maintained at YogaSpace for your convenience. The pass is good through 3/31/12.

Join our email list! Log onto www.brookfieldct.gov/rec and click on the icon to receive monthly updates on the Parks & Recreation programs and events of your choice.

Adult Fitness – Golf



Adult Golf Lessons

Open to golfers of all skill levels, these classes are intended to provide students with a solid base in the fundamentals of golf, as well as to get them prepared to play and

to enjoy the game. The classes are ideal for both beginners who have never played before and for more experienced players who want to improve one or all aspects of their game. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons Class 2: Review/Set-up and Swing with Woods

Class 3: Pitch Shots and Bunker Play

Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5-iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$110.00 for any one month of four classes. April classes meet 6:00 – 7:00 p.m. May through August classes meet 6:30–7:30 p.m.

April: 4/4, 4/11, 4/18, 4/25 (Wednesdays) May: 5/8, 5/15, 5/22, 5/29 (Tuesdays) June: 6/7, 6/14, 6/21, 6/28 (Mondays) July: 7/2, 7/9, 7/16, 7/23 (Mondays) Aug: 8/1, 8/8, 8/15, 8/22 (Wednesdays)

Women Only Classes (Beginner)

April: 4/3, 4/10, 4/17, 4/24 (Tuesdays) May: 5/9, 5/16, 5/23, 5/30 (Wednesdays) June: 6/5, 6/12, 6/19, 6/26 (Tuesdays) July: 7/5, 7/12, 7/19, 7/26 (Thursdays) Aug: 8/6, 8/13, 8/20, 8/27 (Mondays)

Adult Intermediate

May: 5/10, 5/17, 5/24, 5/31 (Thursdays) June: 6/4, 6/11, 6/18, 6/25 (Mondays) July: 7/4, 7/11, 7/18, 7/25 (Wednesdays) Aug: 8/7, 8/14, 8/21, 8/28 (Tuesdays)

Senior Golf League - 55+

Just for men and women age 55 and over, this league entering its third year, meets at Sunset Hill Golf Course in Brookfield. Expected start date of Tuesday, May 1 with play continuing on Tuesday mornings through late October/early November (weather permitting). Rotating foursomes will give participants the opportunity to play with friends and make new ones as well. Choice of playing 9 or 18 holes with or without cart (fees vary from \$10 – 30 per week depending on option selected and all include lunch.) League entry fee of \$15.00 to Parks & Recreation due before you will be scheduled and must be paid one week before your first match. To download a flyer with complete details please visit our website at www.brookfieldct.gov/rec or call Parks & Recreation at 775-7310 and we will be happy to mail, email or fax you a copy.

Tots Activities



Tumbling Tots

Children 2-3 will meet for games, basic tumbling skills and energetic fun in a gym setting along with a parent or caregiver. Please specify session when registering.

Day: Tuesday Time: 9:30 – 10:15 a.m.

Session 1: 4/10, 4/24, 5/1, 5/8 (4 wks) Session 2: 5/22, 5/29, 6/5, 6/12 (4 wks) Place: Tropical All-Stars, 558 Federal Road

Instructors: Tatiana Preston Fee: \$49.00/session

Mother's Morning Out

This pre-school readiness program is designed for children age 2 – 5 (without parent/caregiver) to experience the joy of learning, cooperative play and social interaction with other children in hopes to prepare them for their first preschool experience. A typical class includes circle time, songs and parachute play, weather, group gym games, an arts & craft project and a story. Appropriate transitions between activities allow children to recognize and become familiar with the structure of the day and to look forward to the next activity. Children must turn two by the start of the program and do not need to be potty trained. Please pack a snack and a drink for your child each class.

Day: Friday Time: 9:15 – 11:15 a.m. Dates: 5/11, 5/18, 5/25, 6/1, 6/8, 6/15 (6 wks) Place: Congregational Church Room 3/4 Instructors: KidsFit Fee: \$130.00

S

'Lil Chefs

Children ages 3 and 4 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement.

Day: Tuesday Time: 9:30 – 10:30 a.m.

Session 1: 4/10, 4/24, 5/1, 5/8 (4 wks) Session 2: 5/22, 5/29, 6/5, 6/12 (4 wks) Place: Congregational Church, Fair Kitchen

Instructor: Pam Zavarelli Fee: \$59.00/session

Gym Time

Children age 3 and 4 will enjoy this active, energy-burning class at Fun Factor. From circle time and parachutes, beach balls and hula hoops, to bouncing on the toddler inflatables, children are sure to love their "gym time". After class is over parents and children have use of Fun Factor until 1:00 p.m. to play on their own. Fun Factor has strict policies on outside food and beverages. Children registered for the program may bring in a snack and drink to be enjoyed in the party room (no nuts). A waiver must be signed at the first class of the session.

Dav: Wednesdav Time: 9:30 – 10:15 a.m.

Session 1: 4/11, 4/25, 5/2, 5/9 (4 wks) Session 2: 5/23, 5/30, 6/6, 6/13 (4 wks)

Instructor: Pam Zavarelli Fee: \$49.00/session Place: Fun Factor, 1106 Federal Road Brookfield

Tots Activities, continued



Rhythm and Motion

Music classes for parent and child age 2 and 3 can be active and fun. Sing, play and move as each child learns to hear the beat, and expresses their musicality.

Holly Gundolfi is a certified Orff music teacher and has taught music in private schools for many years. She brings a plethora of songs, games and instruments teaching basic concepts of music in an age appropriate way.

Day: Wednesday Time: 10:00 – 10:45 a.m.

Session 1: 4/11, 4/25, 5/2 (3 wks) Session 2: 5/9, 5/16, 5/23 (3 wks)

Instructor: Holly Gundolfi Fee: \$36.00/session

Place: Congregational Church - Room 6

Ready, Set, Learn!

This program is designed to teach 4 and 5 year olds kindergarten readiness skills in a fun and engaging way. The class is taught by a CT certified teacher whose focus is on teamwork and increasing self-confidence. Activities include: fishing for numbers, number twister, hide and seek with letters, sight word ball toss, first words bingo, and phonics puppets. This is a drop off program and class size is limited to 6 children to allow for individual attention. After each session, parents will receive a write up explaining the class activities.

Day: Tuesday Time: 11:00 a.m. – 12:15 p.m.

Session 1: 3/27, 4/3, 4/10, 4/24 (4 wks) Session 2: 5/8, 5/15, 5/22, 5/29 (4 wks) Session 3: 7/10, 7/17, 7/24, 7/31 (4 wks)

Instructor: Angela Termotto Fee: \$68.00/session Place: Congregational Church – Preschool Room

Ballet and Creative Movement for Tots

Children will explore the many ways their bodies can move, and use their imaginations for self-expression in this ballet and creative movement class for ages 3 - 5. There will be an open class performance for parents at the last class. Ballet slippers and leotards are preferred for participants, but not required. Please specify which time you would like when registering.

Dav: Friday Fee: \$34.00/session

Dates: 4/13 - 5/25 (6 wks) - no class 4/20

Session 1: 4:35 - 5:20 p.m. Session 2: 5:25 - 6:10 p.m.

Place: Center School Cafe Instructor: Holly Gundolfi

Two Good to be True

Children ages 2-3 and parent or caregiver will meet for songs, stories and arts & crafts. Activities will foster development of fine motor and language skills while having fun and making friends! Please bring a snack and drink.

Day: Thursday Time: 9:30 – 10:30 a.m.

Session 1: 4/12, 4/26, 5/3, 5/10 (4 wks) Session 2: 5/24, 5/31, 6/7, 6/14 (4 wks)

Place: Congregational Church Pre-School Room Instructor: Tatiana Preston Fee: \$45.00/session

Tots Activities, continued



Singing and Signing

Did you know that babies start signing between the ages of 7 and 10 months old? It's been proven that babies who sign; speak earlier than non-signers, experience less

frustration, develop larger vocabularies, become better readers and have IQ's that are at least 10-12 points higher than their peers. Ms. Janine is a pioneer when it comes to signing with infants through school age children. It's been her passion for over 20 years! Teaching signs to your little ones is the new craze. Join Ms. Janine and see how fun and easy it is to learn through the magic of children's music. Class size is limited to 15 children, infants through kindergarten.

<u>Session 1: Thursday, 2:30 – 3:15 p.m.</u>
Dates: 4/12, 4/26, 5/3, 5/10 (4 classes)
<u>Session 2: Thursday, 4:00 – 4:45 p.m.</u>
Dates: 7/5, 7/12, 7/19, 7/26 (4 classes)
Place: Congregational Church Fee: \$48.00

Instructor: Janine Lamendola

Center After School

Get into the Kitchen

Children in grades K and 1 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement. Recipes will be duplicated in the classes on Tuesday and Wednesday each week, but will change each session. Classes meet in the Center School Pre-School Room, 3:30 – 4:30 p.m. Fee is \$45.00/session. Please make us aware of any food allergies or cultural restrictions when registering.

<u>Day: Tuesday</u> <u>Instructor: Ann Salinger</u>

Session 1: 4/10, 4/24, 5/1, 5/8 (4 wks) Session 2: 5/22, 5/29, 6/5, 6/12 (4 wks)

<u>Day: Wednesday</u> <u>Instructor: Ann Salinger</u>

Session 1: 4/11, 4/25, 5/2, 5/9 (4 wks) Session 2: 5/23, 5/30, 6/6, 6/13 (4 wks)

Ballet and Creative Movement for K/1



Children will explore the many ways their bodies can move, and use their imaginations for self-expression in this ballet and creative movement class for children in grades K and

1. There will be an open class performance for parents at the last class. Ballet slippers and leotards are preferred for participants, but not required.

Day: Friday Time: 3:30 – 4:30 p.m.

Dates: 4/13 - 5/25 (6 wks) - no class 4/20

Instructor: Holly Gundolfi Place: Center School Cafe

Fee: \$34.00/session

Pillow Polo

Physical fitness, agility and coordination are the benefits from this team sport for grades K and 1. Rules of floor hockey are followed and nerf equipment is used.

Day: Wednesday Time: 3:30 - 4:30 p.m.

Dates: 4/11 – 6/6 (8 wks) – no class 4/18
Place: Center School - Gym Fee: \$40.00

Instructor: Sal Strazza

Center After School, continued



Little Dragons

Students in grades K - 1 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self discipline, self

control, physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Thursday Time 3:30 – 4:00 p.m.

Dates: 4/26 – 5/17 (4 wks) Fee: \$28.00

Place: Center School Cafe



Drawing Mixed Media

Paint, Draw & More! drawing classes teach young artists in grades K - 1 to draw what they see, to enhance their drawings with

their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts. For more information about Paint Draw and

More programs, visit www.paintdrawmore.com Day: Monday Time: 3:30-4:30 p.m.

Dates: 4/30 - 6/11 (6 wks) -no class 5/28

Place: Center School Art Rm. Fee: \$108.00

New ~ Little Miss Dress Up

Come join us for a "tea" party that is sure to be the social event of the season. Be sure to bring a teddy bear, doll or favorite friend to join in on the fun, too. We'll dress up in dresses, boas, jewelry and pocketbooks right over our own clothes and dance and play games. Before the fun ends, we'll have a tea party, too. In consideration of children with food allergies, we ask that everyone bring their own drink and snack for the tea party.

Day: Thursday Time: 3:30 – 4:45 p.m.

Date: 4/12, 4/26, 5/3 or 5/10 (1 wk) Place: Center School Cafeteria

Instructor: Debbie Vizi Fee: \$10.00/day

Español para Niños y Niñas

There are over 300 million Spanish-speakers in over 20 countries around the world -including the United States. Learning the language at an early age gives children a greater chance to become proficient as well as many lifelong advantages. This is a play-based program that will introduce children in grades K and 1 to conversational Spanish and to the colorful Latino culture through songs, games, and crafts. Day: Thursday Time: 3:30 – 4:30 p.m.

Dates: 4/12 – 5/17 (5 wks) – no class 4/19 Place: Center School Room Fee: \$49.00

Instructor: Mikki Durkin

Center After School, continued



Sports Celebrated!

Exercise and fun are the key elements of this class. Children in grades K and 1 will develop

basic skills in several indoor games and sports.

Day: Tuesday Time: 3:30 - 4:30 p.m.

Dates: 4/10 – 6/5 (8 wks) – no class 4/17 Place: Center School - Gym Fee: \$40.00

Instructor: Sal Strazza

Huckleberry After School



The Wizard's School of Magic

Students in grades 1 – 4 will learn five magic tricks from Tom O'Brien, a full-time professional magician, whose credits also include appearances on the Fox 61 Morning Show and WFSB's Better Connecticut. Tom O'Brien is a master at his craft

and is a wonderful and entertaining teacher as well. All students will receive their own magic kits containing the props necessary to perform the tricks at home, and a magic wand! Please register soon before the spaces – alakazaam - disappear!

Instructor: Tom O'Brien Fee: \$15.00 each

Abracadabra - Magic Workshop 1:

Thursday 4/26, 3:30 - 4:30 p.m. HHES Music Rm.

Hocus Pocus - Magic Workshop 2:

Thursday 5/17, 3:30 - 4:30 p.m. HHES Music Rm.

Presto - Magic Workshop 3:

Thursday 6/7, 3:30 – 4:30 p.m. HHES Music Rm.

Kids are Cooking

Students in grades 2 through 4 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement. Some of the recipes may include: waffles and pancakes, tacos with shredded chicken, turkey sloppy joes, BLT Panini with cheese, or ice cream. We'd share others with you, but are getting too hungry as it is! Please make us aware of any food allergies or cultural restrictions when registering.

<u>Day: Monday</u> <u>Time: 3:30 – 4:30 p.m.</u>

Session 1: 4/9, 4/23, 4/30, 5/7 (4 wks) Session 2: 5/14, 5/21, 6/4, 6/11 (4 wks)

Day: Thursday Time: 3:30 – 4:30 p.m.

Session 1: 4/12, 4/26, 5/3, 5/10 (4 wks) Session 2: 5/17, 5/24, 5/31, 6/7 (4 wks)

Place: HHES Art Room Fee: \$48.00/session

Instructor: Ann Salinger

Felt Punching

Come experience the latest craze in sewing...felt punching! Using a special machine (with safety features), students in grades 2-4 will actually "punch" decorative fabrics into a base fabric to make designs. Projects will include hairbands, wallets, bracelets, wall hangings, and more. All materials are included, just bring your imagination!

Day: Monday Time: 3:30 – 5:00 p.m.

Dates: 4/23 – 5/21 (5 wks) Fee: \$69.00

Place: HHES – Upper Gym Instructor: Debbie Vizi

Huckleberry After School, continued



Drama

Improvisational warm-ups, vocal techniques, movement and much more go into each class as the students in grades 2 – 4 learn the "tools

of the actor". Acting class teaches emotional intelligence develops focus and builds teamwork and confidence as it stretches the imagination. The last class will include an open class/performance for family and friends.

Day: Thursday Time: 3:30 - 4:30 p.m.

Dates: 4/12 - 5/24 (6 wks) - no class 4/19

Place: HHES Music Room

Instructor: Holly Gundolfi Fee: \$41.00

New ~ Make Your Own Tutu

Do you like to dance and twirl? Making a tutu is easy and fun to do, all you need to do is tie multi-colored pre-cut tulle onto an elastic waistband using a simple knot that anyone can learn to do. You'll have tutu much fun and leave the class

with your very own tutu, too!

Day: Monday Time: 3:30 - 5:00 p.m.

Date: 4/9 or 6/4 (1 wk) Fee: \$15.00

Place: HHES - Upper Gym Instructor: Debbie Vizi

Bowling

Each class features two games of bowling for students in grades 2 - 4. Bus transportation is provided from Huckleberry Hill School to Brookfield Lanes by school bus. When sending

in a note each week to the school, please include that your child is attending bowling on bus #6. Pick- up is at Brookfield Lanes. Students may bring money with them in order to purchase a snack at the snack bar. Please note that the 3:30 p.m. start includes transportation time. Students do not arrive at Brookfield Lanes until approximately 4:15 p.m.

Time: 3:30 - 5:30 p.m. Dav: Thursdav

Session 1: 4/12, 4/26, 5/3, 5/10 (4 wks) Session 2: 5/24, 5/31, 6/7, 6/14 (4 wks)

Instructor: Dave Miller Fee: \$52.00/session

Place: Brookfield Lanes

New ~ LEGO WeDo Robotics - Soccer

With the Lego WeDo Robotics System, students in grades 2 -4 can build and program their own robotic creations. Designed by the experts at MIT, this unique system teaches children about simple machines, engineering, computer programming and so much more. We will be building a ROBOTIC SOCCER team complete with cheering fans. Limited to 12 students.

Day: Thursday Time: 3:30 - 4:45 p.m.

Dates: 4/26 - 5/24 (5 wks) Fee: \$89.00

Place: HHES Library



We are always looking for new class ideas! If you have an area of expertise that you would be willing to share with others, please download a "class proposal form" from our website. Days and times of classes are flexible, and previous teaching

experience is not always necessary. Class proposals should be received by 6/1/12 to be considered for the fall program guide.

Huckleberry After School, continued

USTA Junior Tennis

Brookfield Parks & Recreation and the United States Tennis Association New England are forming a Jr. Team Tennis league.

USTA Jr. Team Tennis is a recreational tennis league for children ages 5–18 with some previous tennis experience. Children play on co-ed teams offering a fun and competitive environment. USTA Jr. Team Tennis allows participants (adv. beginner, intermediate and advanced) to compete with and against individuals of similar age and skill level. Teams have the opportunity to advance to state, sectional and national championship events.

The season will run June 8 through July 29 with a practice once a week and a match once a week. Three home meets will be played on Saturday afternoons on the BHS Courts and three away meets TBA in towns throughout Fairfield County. Every effort will be made to have practice on a set day and time each week time when all team members can participate.

Total fee to participate is \$102. \$65 will be paid directly to Parks & Rec at registration for coaches' fees and team t-shirt. \$37 will be paid when you register for your team online and includes USTA membership and the fee for the league. You MUST register with Parks and Recreation by Wednesday, May 9 in order to play.

To learn more about Jr. Team Tennis please join us for an informational meeting on Thursday, May 3, 6:30 p.m. in Town Hall. We'll be meeting in the Curriculum Room which is on the second floor and part of the Board of Education Offices.

Basic Drawing and Watercolor

Students in grades 2 – 4 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at their ability level, culminating with the completion of a painting. Please ask for a materials list when registering. (Materials cost is approximately \$40.00.) Bring a snack and a drink each week.

Day: Tuesday Time: 3:30 - 5:00 p.m.

Dates: 4/10 - 6/5 (8 wks)-no class 4/17 Place: Huckleberry Hill- Upper Gym

Instructor: Victoria Lange Fee: \$85.00

Junior Floor Hockey

Students in grades 2 - 4 will learn the basic rules of floor hockey and participate in games. All students are required to bring their own goggles.

Day: Wednesday Time: 3:30 - 4:30 p.m.

Dates: 4/11 - 6/6 (8 wks)-no class 4/18Place: HHES Lower Gym Fee: \$40.00

Instructor: Dave Miller



Flag Football

Students in grades 2- 4 will be introduced to the basics in this non-contact class.

Day: Tuesday Time: 3:30 - 4:30 p.m.

Dates: 4/10 - 6/5 (8 wks)-no class 4/17

Place: HHES Lower Gym Instructor: Dave Miller

Fee: \$40.00

Huckleberry After School, continued

Ballroom for Kids Ages 7 - 10

Students ages 7 – 10 will learn basic steps in all the dances, turns and spins, and technique of the moves. Children who learn social dances increase their confidence, posture, balance and knowledge of music. Much like soccer, Ballroom Dance Competitions (DanceSport) have been very popular in Europe and Asia for decades and are now beginning to catch on in the US. Ballroom For Kids has world class instructors ready to teach your child! Students should wear leather soled shoes or ballroom dance shoes (no sneakers) and long hair needs to be worn back. Sign up with a friend to dance with or you can be paired with a partner at class.

Day: Wednesday Time: 5:30 – 6:15 p.m. Place: WMS Cafeteria Fee: \$49.00/person

Dates: Dates: 4/24 – 5/29 (6 wks) Instructor: Galina Andracchio



French Fantastique

Now offered as a before school activity! Studies have shown that the earlier a child is exposed to a second language, the more quickly they excel. Learn French the fun way through music, colorful crafts and instruction. Students in grades 2-4 will learn about French foods, geography, famous buildings, as well as the basic greetings, alphabet,

counting, colors and lots of vocabulary. Each student will receive a folder full of creative activities in French. Parents, please escort your child to Room 703 (in portables) at each class meeting.

Day: Friday Time: 7:50 – 8:40 a.m.

Dates: 4/13 – 6/8 (8 wks) –no class 4/20 Place: HHES Room 703 Fee: \$79.00

Instructor: Margee Minier

Español para Niños y Niñas

There are over 300 million Spanish-speakers in over 20 countries around the world -including the United States. Learning the language at an early age gives children a greater chance to become proficient as well as many lifelong advantages. This is a play-based program that will introduce children in grades 2 – 4 to conversational Spanish and to the colorful Latino culture through songs, games, and crafts.

Day: Tuesday Time: 3:30 – 4:30 p.m.

Dates: 4/10 - 5/15 (5 wks) – no class 4/17

Place: HHES Library Instructor: Mikki Durkin

Fee: \$49.00



Horseback Riding Lessons

This course offers basic horse care, grooming, tacking up, and riding skills from beginner to advanced. In case of inclement weather, lessons will be held in an indoor ring. Register with the Parks & Recreation

Office, and Brushy Hill Farm will contact you directly to set up a mutually convenient lesson time. These group lessons begin the week of April 23 (or at your convenience) and will last for six weeks, one hour each week. Brushy Hill Farm is located in Southbury, just 13 minutes from the flagpole in Newtown. Directions are available at the Parks & Recreation Office. Long pants and shoes with heel are recommended. Hard hats will be provided. Fee: \$295.00

Huckleberry After School, continued



Martial Arts for Beginners

Students in grades 2 - 4 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self discipline, self control,

physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Friday Time: 3:30 – 4:15 p.m.

Dates: 4/27 – 5/18 (4 wks) Fee: \$28.00

Instructor: Zandri's Martial Arts

Place: Huckleberry Hill School - Lower Gym

Fine Tuning for Fifth Grade

Whisconier, here we come! Is your child entering the 5th grade? Then these are the perfect classes to get them started on the right foot. These four 1.5 hour sessions will help reinforce your child's skills in grammar and spelling as well as build good study habits and organizational skills. Julie Oakley has worked in the Brookfield school system as both a substitute teacher and para professional for the past 11 years. For the last four she has worked exclusively at Whisconier Middle School as a para-professional. Last summer she completed the Praxis exam increasing her knowledge of teaching. Class size is limited to 10 students to allow for individual attention.

Day: Wednesday Time: 3:00 – 4:30 p.m.

Dates: 8/1, 8/8, 8/15, 8/22 (4 wks) Place: Town Hall Meeting Room

Instructor: Julie Oakley Fee: \$85.00

Whisconier After School

Ice Cream Social -Grades 5 & 6



We're scooping up tons of fun for 5th and 6th Graders at our 14th Annual Ice Cream Social on Friday, June 8. Social will be held at the Town Park Beach (which will be closed to the public), and features games (volleyball/basketball),

swimming, and ice cream. Leave from WMS by chartered bus at 2:45 p.m. Parents are to pick up students at the Town Park at 5:00 p.m. Fee is \$10.00 per student, and preregistration is required.

Basic Drawing and Watercolor



Students in grades 5 – 8 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at their ability level, culminating

with the completion of a painting. Please ask for a materials list when registering. Materials cost is approximately \$40.00. Bring a snack and a drink each week. Late bus transportation is available from WMS after school for this program.

Day: Monday Time: 2:40 – 4:10 p.m.

Dates: 4/9 - 6/11 (8 wks)-no class 4/16, 5/28

Place: WMS Art Room Instructor: Victoria Lange

Fee: \$85.00

Whisconier After School, continued

USTA Junior Tennis

Brookfield Parks & Recreation and the United States Tennis Association New England are forming a Jr. Team Tennis league.

USTA Jr. Team Tennis is a recreational tennis league for children ages 5–18 with some previous tennis experience. Children play on co-ed teams offering a fun and competitive environment. USTA Jr. Team Tennis allows participants (adv. beginner, intermediate and advanced) to compete with and against individuals of similar age and skill level. Teams have the opportunity to advance to state, sectional and national championship events.

The season will run June 8 through July 29 with a practice once a week and a match once a week. Three home meets will be played on Saturday afternoons on the BHS Courts and three away meets TBA in towns throughout Fairfield County. Every effort will be made to have practice on a set day and time each week time when all team members can participate.

Total fee to participate is \$102. \$65 will be paid directly to Parks & Rec at registration for coaches' fees and team t-shirt. \$37 will be paid when you register for your team online and includes USTA membership and the fee for the league. You **MUST** register with Parks and Recreation by Wednesday, May 9 in order to play.

To learn more about Jr. Team Tennis please join us for an informational meeting on Thursday, May 3, 6:30 p.m. in Town Hall. We'll be meeting in the Curriculum Room which is on the second floor and part of the Board of Education Offices.



Horseback Riding Lessons

This course offers basic horse care, grooming, tacking up, and riding skills from beginner to advanced. In case of inclement weather, lessons will be held in an indoor ring. Register with the Parks & Recreation

Office, and Brushy Hill Farm will contact you directly to set up a mutually convenient lesson time. These group lessons begin the week of April 23 (or at your convenience) and will last for six weeks, one hour each week. Brushy Hill Farm is located in Southbury, just 13 minutes from the flagpole in Newtown. Directions are available at the Parks & Recreation Office. Long pants and shoes with heel are recommended. Hard hats will be provided. Fee: \$295.00

The Secrets of Successful Test-Taking



Fair or not, the difference between good grades and great grades is doing well on tests. The good news, students can learn effective test prep skills. This overview workshop introduces the three key areas:

reviewing and organizing the subject materials, pre-test study strategies and test day tips for success. How to approach true-false, multiple choice and document-based questions will be covered.

Day: Saturday Time: 10:00 a.m. – 12:00 p.m.

Date: 3/24 or 5/12 Fee: \$35.00 Place: Tutoring Club- 270 Federal Road

Instructor: Nancy Sutherland, Study Skills Instructor

Whisconier After School, continued



Golf Lessons for Juniors

These classes are intended to provide students ages 8 – 15 with a solid base in the fundamentals of golf, as well as to get them prepared to play and to enjoy the game. The

classes are ideal for both beginners who have never played before and for more experiences players who want to improve one or all aspects of their game. Also included will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5-iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$110.00 for any one month of four classes. All classes meet 4:30 – 5:30 p.m. at Golf Quest, 1 Sand Cut Road.

April: 4/4, 4/11, 4/18, 4/25 (Wednesdays) May: 5/10, 5/17, 5/24, 5/31 (Thursdays) June: 6/6, 6/13, 6/20, 6/27 (Wednesdays) July: 7/3, 7/10, 7/17, 7/24 (Tuesdays) August: 8/2, 8/9, 8/16, 8/23 (Thursdays)



ARC Babysitter's Training

American Red Cross Babysitter's Training gives 11-15 year olds the skills and confidence they need to become great babysitters. This 6-hour class covers training

in care giving, decision making, safety and first aid skills, and preventing and responding to emergencies. Course participants receive The Babysitter's Training Handbook, which provides course review and 30 easy-to-follow first aid action plans for handling emergencies. Red Cross Babysitter Certification will be awarded upon successful completion. Please bring a lunch and drink and a pen or pencil. Class meets in the Town Hall.

Day: Friday Date: 4/20 Time: 9:00 a.m. – 3:00 p.m. Fee: \$65.00

Place: Town Hall Room 133 Instructor: Peggy Boyle

Brookfield High School

College Planning 101: Introduction to Admissions

You are about to begin the college planning process. But where to start? PSAT first? Which test should follow--SAT or ACT or both? And when? What is the best way to prepare? How do you choose schools? When do you visit? When and how do you apply? This seminar gives you a road map to the process based on the experiences of seasoned admissions councilors. It is geared toward the families of rising Juniors entering the process and Seniors who want a refresher. Parents and their student should both attend the session. Choose the date that is best for your family.

<u>Spring Session: Tuesday, June 5</u> Summer Session: Tuesday, August 21

Time: 6:00 – 8:00 p.m. Fee: \$25.00 per family/session

Place: Tutoring Club, 270 Federal Road

Instructors: Andrew Hill, Director - College Prep and Bill

Gross, Director & Admissions Councilor

Brookfield High School, continued

USTA Junior Tennis

Brookfield Parks & Recreation and the United States Tennis Association New England are forming a Jr. Team Tennis league.

USTA Jr. Team Tennis is a recreational tennis league for children ages 5-18 with some previous tennis experience. Children play on co-ed teams offering a fun and competitive environment. USTA Jr. Team Tennis allows participants (adv. beginner, intermediate and advanced) to compete with and against individuals of similar age and skill level. Teams have the opportunity to advance to state, sectional and national championship events.

The season will run June 8 through July 29 with a practice once a week and a match once a week. Three home matches will be played on Saturday afternoons on the BHS Courts and three away matches TBA in towns throughout Fairfield County. Every effort will be made to have practice on a set day and time each week time when all team members can participate.

Total fee to participate is \$102. \$65 will be paid directly to Parks & Rec at registration for coaches' fees and team t-shirt. \$37 will be paid when you register for your team online and includes USTA membership and the fee for the league. You MUST register with Parks and Recreation by Wednesday, May 9 in order to play.

To learn more about Jr. Team Tennis please join us for an informational meeting on Thursday, May 3, 6:30 p.m. in Town Hall. We'll be meeting in the Curriculum Room which is on the second floor and part of the Board of Education Offices.

SAT Pre-Preparation – Are you Ready for SAT's?

This one-day workshop provides a real-world emersion into the SAT plus a glimpse into college planning. Students will take an actual complete "official" SAT test (4 hours) followed by a simple roadmap for college planning - highlighting key dates and tasks along the way. A follow-up session will be scheduled with individual students/families to review the detailed SAT test results and planning roadmap.

Day: Tuesday Time: 10:00 a.m. - 3:30 p.m.

Dates: 6/26, 7/10 or 8/21 Fee: \$45.00

Place: Tutoring Club, 270 Federal Rd.

Instructor: Andrew Hill, Director-College Prep; Bill Gross,

Director



We are currently accepting applications for the following seasonal summer positions: Lifeguard, Camp Counselor

The Town of Brookfield is an equal opportunity

employer. Contact the Parks & Recreation Office at 775-7310 for more information. Applications are available for download from our website or at the Parks & Recreation Office in Town Hall.

Deadline for applications: 3/30/12

Full Day Camps - Camp Cadigan

CAMP REGISTRATION BEGINS APRIL 2. We will be communicating important camp information via email this summer, please supply us with an email address when registering.

WEEK 1: See Camp Cornucopia

WEEK 2: July 2 - 6 (no camp 7/4)

WEEK 3: July 9 - 13

WEEK 4: July 16 - 20 WEEK 5: July 23 - 27

WEEK 6: July 30 - August 3

WEEK 7: August 6 - 10

WEEK 8: See Camp Cornucopia

Camp Cadigan

- Full-Day Camp for students entering grades 3 6.
- Extended hours available at an additional charge.
- Outdoor camp with experienced counselors.
- Takes advantage of all the amenities at Cadigan Park and the Town Park Beach. Activities include soccer, wiffleball, open swim, outdoor group games and arts & crafts.
- Trips are taken by school bus to local entertainment venues in the Greater Danbury Area for bowling, minigolf, movies, etc. twice a week.
- In case of severe weather campers are transported to a school gym or entertainment venue.
- Camper/counselor ratio does not exceed 8:1 and is often quite lower.

Pizza Wednesdays included in the cost of camp. Detailed letters will be emailed out to the parent(s) of all

registered campers the Friday before their session begins.

Days: Monday - Friday Time: 9:00 a.m. to 5:00 p.m. Place: Cadigan Pavilion Weeks: See above

Fee: \$178.00/week*

*Please note that the fee for week #2 has been discounted to \$142.00 because of the shortened week.

Camp Cadigan Extended Hours

Campers can come to Camp Cadigan as early as 8:00 a.m., and stay as late as 6:00 p.m. PRE-REGISTRATION IS REQUIRED. Fee is \$20.00 per week (\$4.00 per day) for either early drop off or late pick up.

What is a typical day at Camp Cadigan?

9:00 - 9:30 a.m.

Camper's Choice (Board Games, Tennis, Catch, etc.) 9:30 - 10:15 a.m.

Group Games (Kickball, Wiffleball, Red Rover, etc.)

10:15 - 10:30 a.m. Snack

10:30 a.m.- 12:00 p.m.

Beach (Swimming, Basketball, Nukem, Shuffleboard)

12:00 - 12:30 p.m. Lunch

12:30 - 1:30 p.m.

Camper's Choice / Arts & Crafts /Theme Activities/ Games 1:45 - 4:00 p.m.

Beach (Swimming, Basketball, Nukem, Shuffleboard,

4:00 - 5:00 p.m.

Group Games/Camper's Choice

Full Day Camps - Camp Voyager

CAMP REGISTRATION BEGINS APRIL 2. We will be communicating important camp information via email this summer, please supply us with an email address when registering.

WEEK 1: See Camp Cornucopia

WEEK 2: July 2 - 6 (no camp 7/4)

WEEK 3: July 9 - 13 WEEK 4: July 16 - 20 WEEK 5: July 23 - 27

WEEK 6: July 30 - August 3 WEEK 7: August 6 - 10

WEEK 8: See Camp Cornucopia

Camp Voyager

- Full-Day Camp for students entering grades 5 8.
- Extended hours available at an additional charge.
- College-aged, experienced counselors. Camper to counselor ratio will not exceed 8:1 and is often quite lower.
- Everyday is a new destination from State Parks, bowling, miniature golfing, amusement parks, water parks and baseball games.
- All trips, bus transportation, and a T-shirt for each camper are included in fee.
- Air-conditioned coach buses are used to transport campers on all trips 45 minutes away or longer. On shorter trips (usually Mondays) we use school buses.
- We're sorry, but we do not have schedules available at registration. We do our best to ensure that each week provides a variety of activities and experiences for campers, including a visit to Mountain Creek, Lake Compounce or Brownstone Exploration & Discovery Park.

A schedule of all activities, as well as detailed letters will be emailed to the parent(s) of all registered campers the Friday before their session begins.

Days: Monday - Friday Time: 9:00 a.m. to 5:00 p.m.

Place: Center School Weeks: See above

Fee: \$258.00/week

*Please note that the fee for week #2 has been discounted to

\$206.00 because of the shortened week.

Camp Voyager Extended Hours

Campers can come to Camp as early as 8:00 a.m., and stay as late as 6:00 p.m. **PRE-REGISTRATION IS REQUIRED**. Fee is \$20.00 per week (\$4.00 per day) for either early drop off or late pick up.

Where are some of the places that Camp Voyager went during the summer of 2011?

Danbury Duck Pin, Kent Falls, Rocky Neck State Park,
Lake Compounce, Lore's Lanes, Misquamicut, The
Trampoline Place, New Britain Rock Cats, Maritime
Aquarium, Brownstone Discovery Park & Exploration
Center, Mountain Creek and Yankee Stadium

(just to name a few)

Full Day Camps – Camp Cornucopia

CAMP REGISTRATION BEGINS APRIL 2. We will be communicating important camp information via email this summer, please supply us with an email address when you register.

Camp Cornucopia

This camp is designed to pack as much fun as possible into the summer for students entering grades 3-6. In this week long camp, campers will spend about half of their day at

Cadigan/Town Park Beach and the other portion on a trip. Trips may include the movies, bowling, miniature golfing and hiking and while at camp campers will have the opportunity to play group games, arts & crafts, swimming, basketball, and volleyball. All trip admissions and bus transportation for campers is included in the fee. A schedule of all activities, as well as suggestions for what to bring to camp each day will be emailed to the parent/guardian of all registered campers the Friday before the session begins.

Days: Monday - Friday Session 1: June 25 - 29 Session 2: August 13 - 17

Time: 9:00 a.m. to 5:00 p.m. Place: Cadigan Pavilion

Fee: \$199.00

Camp Cornucopia Extended Hours

Campers can now come to Camp as early as 8:00 a.m., and stay as late as 6:00 p.m. **PRE-REGISTRATION IS REQUIRED**. Fee is \$20.00 per week (\$4.00 per day) for either early drop off or late pick up.

Counselor In Training Program

WEEK 1: June 25 - 29

WEEK 2: July 2 - 6 (no camp 7/4)

WEEK 3: July 9 - 13 WEEK 4: July 16 - 20 WEEK 5: July 23 - 27

WEEK 6: July 30 – August 3 WEEK 7: August 6 - 10

Counselor in Training Program

Students ages 13 and 14 will learn the skills they will need to become successful camp counselors including; basic first aid, characteristics of children, leadership skills, games and arts & crafts. C.I.T's will receive instruction during camp hours (9:15 a.m.- 12:15 p.m.), and will be assigned to work with experienced counselors. Each C.I.T will receive a staff T-shirt and a binder of information Space is limited to 10 C.I.T.'s each session. Sign up for any or all sessions.

Days: Monday to Friday Time: 9:15 a.m. to 12:15 p.m.

Weeks: See above Place: Center School

Fee: \$42.00/week

*Please note that the fee for week #2 has been discounted to \$34.00 because of the shortened week.

Half-Day Camps

CAMP REGISTRATION BEGINS APRIL 2. We will be communicating important camp information via email this summer, please supply us with an email address when you register.

WEEK 1: June 25 - 29

WEEK 2: July 2 - 6 (no camp 7/4)

WEEK 3: July 9 - 13 WEEK 4: July 16 - 20 WEEK 5: July 23 - 27

WEEK 6: July 30 – August 3 WEEK 7: August 6 - 10

Summer Better Than Others

Campers will participate in arts & crafts, games, daily theme days, weekly trips to the Town Park Beach (grades 2- 5), and much more. Children must be entering $1^{\text{st}} - 5^{\text{th}}$ grade in order to attend camp. Camper to counselor ratio will not exceed 8:1 and is often much lower.

Days: Monday to Friday Time: 9:15 a.m. - 12:15 p.m.

Place: Center School

Weeks: See Above Fee: \$60.00/week

*Please note that the fee for week #2 has been discounted to

\$48.00 because of the shortened week.



Camp Pee Wee

For children ages 3-1/2, 4 or entering kindergarten. Campers will be involved in arts & crafts, games, story time, and daily

theme activities. Our camper to counselor ratio will not exceed 6:1 and is often lower. All children attending must have turned 3 years old by December 31, 2011.

Days: Monday to Friday Time: 9:15 a.m. - 12:15 p.m.

Place: Center School

Weeks: See above Fee: \$60.00/week

*Please note that the fee for week #2 has been discounted to

\$48.00 because of the shortened week.

Important Information for Camp Summer Better than Others and Camp PeeWee:

Camp groups are made the week before the start of each session. Counselors will be calling the parents of all campers a few days before the camp week starts to let them know what room to report to. Once your child is assigned to a group, you can assume that they will be with that group for the duration of their camp experience.

Children should be brought to their assigned rooms no earlier than 9:10 a.m. During drop off and pick up times, parents are required to accompany their child to his/her group and sign in, as well as sign out at the end of the day.

If your child is to be picked up by any other adult, a note stating this needs to be given to your child's counselors in the morning.

Children should wear sneakers and comfortable clothing to camp. There is also a snack time for campers each day. Please send snacks in containers clearly marked with your child's name. Snacks containing peanuts or tree nuts are not permitted at camp in order to keep those campers with severe allergies safe.

Sports Camps

CAMP REGISTRATION BEGINS APRIL 2. We will be communicating important camp information via email this summer, please supply us with an email address when you register.



Field Hockey Camp

Back by popular demand! Students entering grades 5 – 9 will practice passing, dribbling, shooting, and field hockey concepts. This camp is the perfect introduction for girls looking to learn the game in order to try out for the middle school or freshman team, as well as for those who have played before and are looking

to reinforce their skills. Campers will need to bring their own stick, and a water bottle and snack each day. A T-shirt is included for all participants. In case of rain, camp will meet in the gym.

Days: Monday - Friday Place: WMS- front field

Time: 9:00 a.m. - 12:00 p.m. Fee: \$75.00

Dates: July 30 – August 3 (1 wk) Instructor: Barbara Nanassy



Summer Horse Camp

The program meets 9:00 a.m. – 12:00 p.m. and consists of a daily riding lesson (1 to 1 ratio for beginners, each has individual assistant) horse care, grooming, and tacking up with the utmost

attention to safety. Games, contests and demonstrations complete the fun. Long pants and a shoe with a heel recommended. Hard hats are provided. Camp is held rain or shine as the Farm has a large indoor arena. Bring a snack and a big smile. Held at Brushy Hill Farm (just 13 minutes from the Flagpole in Newtown) 15 Coachman Drive, Southbury. Take I 84 Exit 14, left onto Rte 172 North; proceed 4 miles to Farm on the right, about 1/4 mile before the 4-way stop intersection. To access the Farm, turn right onto Coachman's Drive off of Route 172 and the farm driveway is the first on the left. Orientation is held on the first day of camp (Mondays) at 8:00 a.m. Any questions, visit their website at www.brushyhillfarm.com or call Ev at 203-262-6466. Camp is open to Little Britches (ages 3-6), Short Stirrups (ages 7-10) and Equestrians (age 11 and up). off times are between 8:30 - 9:00 a.m. each day. Pick up times are between 12:00 - 12:30 p.m. Fee: \$295.00/week.

Week 1: June 25 - 29 Week 2: July 9 - 13 Week 3: July 16 – 20 Week 4: July 23 - 27 Week 5: August 6 – 10 Week 6: August 13 - 17



Junior Volleyball Camp

Open to students in grades 5 - 8 who want to learn or practice the basics including serving, passing, and hitting. This program is a great opportunity for middle school students who are

considering trying out for the BHS team. Please bring a snack and a water bottle. A T-shirt is included for all participants.

Days: Monday - Friday Dates: July 16 - 20(1 wk)

Time: 9:00 a.m. – 12:00 p.m. Place: WMS Gym Instructor: Rachel Korb Fee: \$75.00

Sports Camps, continued

Volleyball Camp

Recreational volleyball program for those entering grades 9-12. Return players will greatly benefit by honing their skills and learning new ones, and is a great opportunity to keep your skills up in the summer. Beginning players will learn the basics of passing, setting, hitting, serving, blocking, and court positioning. Bring a lunch and a water bottle, and get ready for some fun! Sign up for individual weeks (7/23 - 7/27 or 7/30 -8/3) at a cost of \$95.00 a week or both weeks for \$180.00. A T-shirt for all participants is included.

Days: Monday - Friday Time: 9:00 a.m. - 1:00 p.m.

Dates: July 23 - August 3 (2 wks)

Instructors: Cara Abraham

Place: WMS Gym Fee: \$180.00



Basketball Camp

Participants will receive individual and group instruction on all aspects of the game of basketball as taught by Coach Kevin McGinniss and his assistants. This co-ed camp for students entering grades 3 - 8 also features a shirt for

every player, 2 games a day, contests, prizes, and trophies. All participants will receive their own regulation game ball. Pizza, snacks and drinks are available for purchase each day or campers can bring their own lunch and drink.

Days: Monday - Friday Time: 9:00 a.m. - 2:00 p.m. Dates: July 9-13 (1 wk) Instructor: Kevin McGinniss

Place: BHS Gyms Fee: \$110.00



Golf Camp

Junior golfers ages 8 – 15, with or without previous experience will enjoy learning the game of golf in a fun atmosphere. Camp includes fundamentals of the golf swing, playing with

woods and irons, pitching and sand play, chipping and putting, contests, rules and etiquette, videotape of your swing, mini-golf tournament, learn and play on a local course, awards, and a pizza party for campers each Friday. New this year, campers will be treated to a water slide on-site one day per session. Campers may bring their own clubs or use those provided. Camp begins at Golf Quest, 1 Sand Cut Road, Brookfield. The fee is \$249.00 per week. Parents must provide all transportation.

Camp schedule:

Monday - Wednesday 9:00 a.m. -12:00 p.m. at Golf Quest Thursday 9:15 – 11:45 a.m. at Gainfield Farms in Southbury

Friday 10:00 a.m. - 12:20 p.m. at Golf Quest

Week 1: June 25 - 29 Week 2: July 2 - 6 Week 3: July 9 - 13 Week 4: July 16 - 20 Week 5: July 23 - 27 Week 6: July 30 - August 3 Week 8: August 13 - 17 Week 7: August 6 - 10

Week 9: August 20 - 24

Sports Camps, continued

S.N.A.G. Golf

Skyhawks "Starting New at Golf" focuses on building the confidence of young athletes ages 5 - 7through proper technique and refining the essential skills of the game. Golf is a challenging and lifelong sport, so young athletes need proper focus on the fundamentals of form, swinging, putting, and body positioning. To assist in this training, Skyhawks has adopted the SNAG (Starting New At Golf) system to its curriculum. SNAG is specifically designed for the entry-level player; SNAG simplifies instruction so that young players can make an easy and effective transition onto the golf course. No need to bring your own clubs--all equipment is provided. For safety reasons we utilize special helmets for all campers and keep the instructor-to-camper ratio for this program very low (8:1), resulting in limited availability. Campers should wear/bring weather appropriate clothing, a water bottle and two snacks, sneakers and sunscreen. All campers will receive a T-shirt and merit award. In case of rain, this program will meet in the gym.

Days: Monday – Friday Time: 9:00 a.m. – 12:00 p.m. Dates: 6/25 - 6/29 (1 wk) Place: WMS-front field

Fee: \$112.00



Mini Hawk Multi Sport Camp

This multi-sport program gives children ages 4 to 7 a positive first step into athletics. Baseball, basketball and soccer are taught in a safe. structured environment with lots of

encouragement and a big focus on fun. Our Mini-Hawk games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development at their own pace. Skyhawks staff are trained to handle the specific needs of young athletes. Camper to coach ratio will not exceed 8:1. Campers should bring along 2 snacks and a water bottle and wear weather-appropriate clothing for outdoor play including sneakers. Every camper receives a t-shirt and merit award. During Session 1, Friday will be used as a rain make up day. During Session 2, in case of rain, this program will meet in the gym.

Session 1: June 25 - 28

Days: Monday - Thursday Time: 5:30 - 7:30 p.m.

Place: WMS - back field Fee: \$72.00

Session 2: August 13 - 17

Days: Monday - Friday Time: 9:00 a.m. - 12:00 p.m.

Place: WMS - back field Fee: \$112.00

Tiny-Hawks (Ages 3-4) Sports Camp

The essentials of soccer and basketball are introduced in a fun, safe environment with lots of encouragement. Children will learn balance, body movement, hand/eye coordination, and skill development through a series of sport-specific games. Parents are encouraged to participate but are not required to; however, parents do need to say on-site. Camper to coach ratio will not exceed 8:1. Campers should bring a water bottle and wear weather-appropriate clothing for outdoor play including sneakers. Every camper receives a tshirt and merit award. In case of rain Tuesday through Thursday, camp will meet in the gym of Whisconier School. Days: Monday - Friday Dates: 6/18 – 6/22 (1 wk)

Session 1: 9:00 – 10:15 a.m. Fee: \$65.00/session

Session 2: 10:30 a.m. - 12:00 p.m.

Place: Town Hall - Upper Ptak soccer field

Sports Camps, continued

CAMP REGISTRATION BEGINS APRIL 2. We will be communicating important camp information via email this summer, please supply us with an email address when you register.

Full Day and Half-Day Multi Sport Camp

These camps give participants the opportunity to experience over 15 sports in a week. Campers will receive technical instruction in each sport and will then experience the sport in a realistic game situation. After lunch (typically 11:30 am-Noon) all campers will experience the fun and excitement of the USSI Olympic Games and World Cup. The Full Day camp offers campers the chance to experience additional sports and daily sports challenges in addition to the entire sports line up of the half-day camp. Camper to counselor ratio will not exceed 12:1. Campers should bring along a lunch (full day and AM only), snack and a water bottle and wear weatherappropriate clothing for outdoor play including sneakers and sunscreen. Every camper receives a t-shirt and certificate. We are still working on a rain plan, as school gyms may not be available. An email detailing the rain plan will be sent out to the parent(s) of all registered campers at least one week before the start of camp.

Days: Monday – Friday Dates: 8/20 – 8/24 (1 wk) AM Half-Day (Ages 5-14), 9:00 a.m. - 12:30 p.m., \$159.00 PM Half-Day (ages 5 – 14), 1:00 – 4:00 p.m., \$139.00 Full-Day (Ages 6-14), 9:00 a.m. – 4:00 p.m., \$189.00 Place: WMS – front field Instructor: US Sports Institute

Sports Squirts for Ages 3 - 5

The US Sports Institute Sports Squirts Program introduces children ages 3 to 5 to a variety of sports including soccer, basketball, t-ball and lacrosse in a safe, structured environment. All games and activities will encompass hand/eye coordination, balance, agility and movement – all key factors to the early development of children in sports. In addition to having a great time playing the different sports, children will develop social interaction and communication skills. All sports are developed through a series of games and activities designed to ensure learning and most importantly: fun, fun, fun! Campers should bring along a snack and a water bottle and wear weather-appropriate clothing for outdoor play including sneakers. Every camper receives a t-shirt and certificate.

Days: Monday – Friday Time: 4:30 – 5:30 p.m.

Dates: 8/20 – 8/24 (1 wk) Fee: \$79.00

Place: WMS – front field Instructor: US Sports Institute

New ~ Summer Gym Time (Age 3-4)

Children age 3 and 4 will enjoy this active camp at Fun Factor. From circle time and parachutes, beach balls and hula hoops, to bouncing on the toddler inflatables, children are sure to love their "gym time". To give children a needed break we'll also be doing other activities each day such as story time, crafts and snack time, too. A waiver must be signed at the first class. Please pack a snack (no peanuts or nuts) and a drink every day to enjoy in the party room and be sure to wear socks.

Day: Monday - Friday Time: 9:30 – 11:30 a.m.

Dates: 8/13 - 8/17 (1 wk)

Instructor: Pam Zavarelli Fee: \$85.00 Place: Fun Factor, 1106 Federal Road Brookfield

Sports Camps, continued

CAMP REGISTRATION BEGINS APRIL 2. We will be communicating important camp information via email this summer, please supply us with an email address when you register.

Melendez Tennis Camp

Melendez Tennis Camps are high-quality, half-day camps that offer boys and girls entering grades 2-8 an opportunity to develop lifetime skills in the sport

of tennis. Campers will work with qualified instructors in small, age and skill appropriate groups and will be taught the skills and etiquette necessary to become successful tennis players. Campers will also have the opportunity to develop interpersonal and social skills as they enjoy organized offcourt activities with their peers. A few reasons why Melendez Tennis Camps stand above the rest: 4:1 Student to Instructor Ratio, Weekly Individual progress reports, Live videotape stroke analysis and Culminating award ceremony and exhibition tournament. Campers should wear sneakers and athletic clothing and bring a water bottle each day. Campers must supply their own racquets and bring an unopened can of tennis balls. A camp t-shirt is included in the fee. We are still working on a rain plan for camp; please ask for details when registering. Visit www.MelendezTennis.com for more information.

Days: Monday – Friday Time: 8:30 a.m. – 12:00 p.m.

Session 1: 7/16 – 7/20 (1 wk)

Session 2: 7/23 – 7/27 (1 wk) Place: BHS Tennis Courts

Fee: \$169.00/week (Or two weeks for \$325.00)

Melendez Tennis Intensive

Melendez Tennis is now offering an intensive workshop for intermediate to advanced players. During each daily 90minute session players will have the opportunity to further hone their tennis skills in a small group setting. Professional instruction with a maximum of four students per group will emphasize the following: Advanced biomechanical technique for all strokes, Strategic point combinations and attacks, Mental toughness and tournament preparation, and Culminating match-play tournament with prizes. First priority to this *limited enrollment* Workshop will go to players entering grades 4-8 who are enrolled in the Melendez Tennis camp. Since the *Intensive* is geared for intermediateadvanced players, a skills assessment may be required. We are still working on a rain plan for camp; please ask for details when registering. Visit www.MelendezTennis.com for more information.

Days: Monday – Friday Time: 12:30 – 2:00 p.m.

Dates: 7/23 – 7/27 (1 wk) Fee: \$125.00

Place: BHS Tennis Courts

Quick Start Tennis

Children ages 5 and 6 will learn how to control a tennis ball with a racket and have fun in this beginning program taught by BHS Girls Coach Elaine Gregory. Students may bring their own rackets. (Rackets will be supplied for anyone who needs one.) Students should dress appropriately for outdoor play, wear sneakers and bring a water bottle each day.

Day: Monday - Friday Time: 9:00 - 10:00 a.m.

Dates: 7/30 – 8/3 (1 wk) Fee: \$49.00

Place: BHS Tennis Courts

Instructor: Elaine Gregory, BHS Girls Coach

Sports Camps, continued

New ~ Figure Skating Camp

The Danbury Ice Arena Summer Figure Skating Camp has been designed to work with skaters of all ages (age 6 and up) and abilities. The goal is to develop the skills of skaters at their own pace and to insure that every skater has a positive and fun learning experience. Time on the ice will be balanced with classroom (off-ice) activities each day. Classroom activities are planned to be fun and to assist the camper with on-ice skills. They may include: ballet, dance, core strength training, performance, nutrition, goal setting and boot and blade care among others. Campers need to bring sneakers and a towel each day for off-ice classes. Be sure to remember long pants, a jacket or sweatshirt and a helmet for on-ice activities. Campers should also bring a lunch, drink and a water bottle each day, or plan to participate in the lunch program through the Danbury Ice Arena. Specific questions may be directed to Karla Delio-Jones, Camp Director at 203-794-1704 or skatingdirector@danburyice.com. Registrations must be received at Parks and Rec. at least one week in advance of the camp week you are attending.

Week 1: 6/25 – 6/29 Week 2: 7/2 – 7/6 (no camp 7/4)

Week 3: 7/9 – 7/13 Week 4: 7/16 – 7/20 Week 5: 7/23 – 7/27 Week 6: 7/30 – 8/3 Week 7: 8/6 – 8/10 Week 8: 8/13 – 8/17

Week 9: 8/20 - 8/24

Days: Monday – Friday Time: 9:00 a.m. – 1:30 p.m.

Dates: See Weeks Above Fee: \$200.00/week

Specialty Camps - Art



Camp Watercolor

Campers age 8 – 14 will enjoy learning drawing and watercolor painting techniques. Each camper will receive

individualized attention to be successful at their ability level, culminating with the completion of a painting. Bring a snack and a drink each day. Please ask for a materials list when registering. (Materials cost is approximately \$40.00 and all materials are available locally).

Days: Monday, Wednesday, Thursday, Friday (4 days) Time: 9:00 a.m. - 12:00 p.m. Fee: \$72.00/session Session 1: 7/16 – 7/20 (1 wk) Place: Center School

Session 2: 8/6 – 8/10 (1 wk) Instructor: Victoria Lange

Paint, Draw & More Camp

This fun summer art camp is offered by Paint, Draw & More for students entering grades 1 - 4. Each day is comprised of a full day of creating fine art, some of which may include drawing, painting, mask making, sculpture, bookmaking, cartooning, collage, print making, and group projects. Story telling, music making and movement will also be added as time allows. Activities will take place in and out of doors depending on the weather. Students will explore a variety of mediums and be encouraged to break artistic boundaries and express their creativity in new and exciting ways. Campers should bring a lunch, snack and smock.

Day: Monday – Friday Time: 8:30 a.m. - 2:30 p.m.

Dates: 7/30 - 8/3 (1 wk) Fee: \$295.00

Place: Center School

Specialty Camps – Theater, Cooking

CAMP REGISTRATION BEGINS APRIL 2. We will be communicating important camp information via email this summer, please supply us with an email address when you register.

Summer Theater Workshop

Be part of a cabaret production! Learn and participate in different areas of theater from stage blocking and dance, to costumes and lighting. The Workshop is led by John LaMendola, BHS Choral/Theatre Director and long-time professional actor (and Brookfield resident). Open to students entering grade 5 through 12 (graduating senior). Please bring a snack and beverage. Final cabaret performances for friends and family will be held on Friday, July 13th at 10:00 a.m. and 12:00 p.m. in the BHS Auditorium.

Day: Monday - Friday Time: 9:00 a.m. – 1:00 p.m.

Dates: 7/2 - 7/13 (2 wks) - no class 7/4

Place: BHS Auditorium Fee: \$230.00



Performing Arts Camp

Performing Arts Camp for 6 to 14 year olds is an intensive, fun, highly charged one-week performing arts program. Campers who participate in this camp will receive training in acting, dancing and singing by performing

artists. The end of the week will culminate with a performance for family and friends. For more detailed information, please visit www.performingartsprograms.biz or call 860-432-9890 for more information. If you prefer to register online for this program, you may do so through the Performance Arts Programs website listed above.

Days: Monday – Friday Time: 9:00 a.m. – 2:30 p.m.

Dates: 7/23 – 7/27 (1 wk) Fee: \$200.00 Instructor: Performance Arts Programs, Inc.

Place: WMS Café/Stage

International Kitchen Kids

Kids entering grades 2 – 4 will learn to use new cooking techniques, fresh ingredients, and menu planning while creating delicious and nutritious meals and desserts from around the world. Different themes for each day will focus on regional cuisines or cooking techniques so that students get a taste of a variety of different regions. Space is limited to 12 participants. Please bring a water bottle and let us know when registering if your child has any food allergies or special dietary restrictions.

Day: Monday - Friday Time: 9:00 – 11:00 a.m.
Dates: 7/23 – 7/27 (1 wk) Place: WMS Room 1515

Instructor: Pam Zavarelli or Eileen Straiton

Fee: \$75.00

Junior Chefs

Campers age 4-entering grade 1 will learn kitchen basics including recipe preparation, measuring and procedures all sprinkled with a lot of fun! Space is limited to 10 participants. Please bring a water bottle and let us know when registering if your child has any food allergies or special dietary restrictions.

Day: Monday – Friday Time: 9:00 – 11:00 a.m. Dates: 7/23 – 7/27 (1 wk) Place: WMS Classroom

Instructor: Pam Zavarelli or Eileen Straiton

Fee: \$75.00

Specialty Camps - Nature

The Great Outdoors

No one can be expected to care about and protect the natural world that does not understand it. Campers age 7-12 will explore the great outdoors through hikes, games, experiments and projects. They will investigate topics including the weather, wild flowers, local plants, trees and birds and pond wildlife. Camp will meet at the entrance to Williams Park (across from the Brookfield Library) at 8:30 am. Pick up will be in the same location at 1:00 pm. One day the program may meet at Happy Landings instead, details will be given at camp. Please bring a lunch and water, wear bug spray and sunscreen and your most comfortable hiking shoes! In case of inclement weather, Friday will be our make up date.

Day: Monday - Thursday

Time: 8:30 a.m. – 1:00 p.m.

Dates: 7/30 – 8/2 (4 days)

Place: William's Park

Instructors: Jen Tomaino and Pam Zavarelli

Fee: \$125.00

Specialty Camps – "Back to School"

Descriptive Writing Workshop- Painting with Words

Students entering grades 3-5 will paint pictures with words during this descriptive writing workshop. Activities to inspire creativity will include nature and art observations in the framework of the writing process. Readings from authors such as Roald Dahl and Jane Yolen provide models for the student's own creative thought process. Students should bring snack/drink each day.

Days: Monday - Thursday Time: 10:00 a.m.-12:30 p.m.

Dates: 7/16 – 7/19 (4 days) Fee: \$99.00 Place: Tutoring Club, 270 Federal Road

Math Boot Camp

Sound tough? Going back to school without a solid foundation is tougher. This workshop is designed to get students refocused on math prior to starting the new school year. Students will be presented with activities, exercises, and games to ensure that core skills are addressed. Students will enter the school year with more focus and greater confidence. The workshop is geared toward students entering grades 4-7.

Day: Monday- Thursday Time: 10:00 a.m.- 12:00 p.m.

Dates: 8/13- 8/16 (4 days) Fee: \$75.00 Place: Tutoring Club, 270 Federal Road

Specialty Camps – Technology

TechStars by Computer Explorers are a series of technology classes designed to facilitate STEM (Science, Technology, Engineering, Mathematics) learning. The educational materials or equipment that are used in the curriculum came from various sources like Lego Education, MIT Media Lab who emphasize on STEM education and 21st Century Skills. But most importantly, our classes provide a hands-on educational setting to make learning FUN! The following camps will be offered this summer:

Lego Carnival (Grades 3 – 7)

The Mindstorms robotics system provides wonderful hands-on opportunities for students entering grades 3 through 7 to experiment and learn about the fundamentals of robotics, construction and computer programming. We will be building Robotics models commonly found in Carnival such as bumper cars and merry-go-round and using computer software to bring the models alive!

Day: Tuesday - Thursday Time: 9:00 - 11:30 a.m.

Dates: 6/26 – 6/28 (3 days) Fee: \$110.00

Place: Center School Classroom

Flights and Rockets (Grades 1 – 3)

Building projects may include paper airplanes, balloon cars, stomp rockets, water rockets and more. These hands-on projects provide students entering grades 1 – 3 opportunities to experiment with the basics of aeronautics such as thrust and drag, lift and weight. They will have a BLAST! Please apply sunscreen before camp as we launch some of the rockets outdoors.

Day: Tuesday – Thursday Time: 12:30 – 3:00 p.m.

Dates: 6/26 – 6/28 (3 days) Fee: \$110.00

Place: Center School Classroom

Lego® in Motion (Grades 1-3)

Calling all Lego enthusiasts and builders entering first through third grades! We put fun in motion as students learn how to use wheels and axles, motors, kinetic energy and balance to create numerous contraptions which will be powered with motors and battery packs. Projects may include dragster, tractor, racecar and more. Please note, all Lego lab kits used are for classroom use only.

Day: Tuesday – Thursday Time: 12:30 – 3:00 p.m.

Dates: 7/17 – 7/19 (3 days) Fee: \$110.00

Place: Center School Classroom

Video Animation Gaming (Grades 4-7)

Students entering grades 4-7 will be using the software program 'Scratch' developed by MIT Media Institute to create animation, music videos, Pac man like video games and more. Creations from this class along with a copy of this software will be sent home so they can continue to have fun!

Day: Tuesday – Thursday Time: 9:00 – 11:30 a.m.

Dates: 7/17 – 7/19 (3 days) Fee: \$110.00

Place: Center School Classroom

Passes

All passes are for Brookfield Residents only.
For purposes of our passes, a family is defined as two
married adults and dependents in the same household.
We reserve the right to ask for proof of residency.

Beach Passes – If you haven't been to the beach lately, you might be pleasantly surprised! Our Town Park Beach on Candlewood Lake features swimming, basketball and sand volleyball courts, shaded picnic areas with tables and grills and a concession stand. Beach passes for the season will **ONLY** be sold at the Parks & Rec. Office and are available for purchase beginning April 23, 2012.

Family Pass \$75.00 Individual Pass \$50.00

Senior Couple Pass \$45.00 (age 65+, includes husband/wife) Senior Family \$62.00 (age 65+ and up to 4 grandchildren)

Senior Individual Pass \$36.00 (age 65+)

Guests may enter the Town Beach when accompanied by a Brookfield resident. The daily fee is \$5.00 per guest. Brookfield residents may also pay the daily fee of \$5.00 per person at the gate in lieu of purchasing season passes.



Boat Passes — Available April 2, 2012. Brookfield Residents and/or homeowners only. You **MUST** bring in your boat and trailer registrations in order to obtain your pass. We do not keep copies on file.

Boat Pass – On Trailer \$84.00 Boat Pass – Car Top \$45.00

Senior Boat Pass-On Trailer \$47.00 (age 65+) Senior Boat Pass - Car Top \$27.00 (age 65+)



William's Park Tennis Passes - Well maintained Har-Tru clay courts. A court will be available when you get there by reserving it through

the Parks & Rec. Office. Courts are open Memorial Day Weekend through October, weather permitting. Available for purchase April 23, 2012.

Family Tennis Pass \$60.00 Individual Tennis Pass \$45.00

Senior Tennis Pass \$40.00 (age 65+)

Splash Pass - Enjoy our waterfront facilities and a 10% savings for the beach and boat ramp. Available for purchase April 23, 2012. You **MUST** bring in your boat and trailer registrations in order to obtain your pass. We do not keep copies on file.

Splash Pass – Family \$143.00 Splash Pass – Senior Family (includes husband/wife) \$83.00



Club Pass - Those who enjoy swimming and tennis will save 10% on this pass for the beach and William's Park tennis. Available April 23, 2012.

Club Pass - Family \$121.50

Club Pass - Senior Family (includes husband/wife) \$76.50

2012 Brookfield Town Park Beach Hours

Memorial Day Weekend

Saturday, May 26 11:00 a.m. – 6:00 p.m. Sunday, May 27 12:00 – 6:00 p.m. Monday, May 28 11:00 a.m. – 6:00 p.m.

Early Season - Before the last day of school (Tuesday, May 29 through June 17)

Weekdays CLOSED

Saturdays 11:00 a.m. – 6:00 p.m.

Sundays 12:00 – 6:00 p.m.

Summer Season - Begins the last day of school (June 18 through August 26)

Weekdays 10:30 a.m. – 6:30 p.m.

Wednesdays NOODLE HOUR 6:00 - 7:00 p.m.

Saturdays 11:00 a.m. – 6:30 p.m. Sundays 12:00 – 6:00 p.m.

Late Summer Season

(Monday, August 27 - Friday, August 31)

CLOSED

Labor Day Weekend

(Saturday, Sept 1 – Monday, Sept. 3)

Saturday, Sept 1 11:00 a.m. - 6:00 p.m. 12:00 - 6:00 p.m. 12:00 a.m. - 6:00 p.m. 11:00 a.m. - 6:00 p.m.

Beach Water Quality

Water quality monitoring is performed twice weekly at the Town Park Beach on Lake Candlewood, during the swimming season, for coliform bacteria and E. coli. In addition, the Candlewood Lake Authority carries out periodic tests in multiple areas around the lake. If harmful levels of bacteria are detected, or other potentially injurious substances are found, beach closings may occur to protect the safety and health of residents. Such occurrences are extremely rare.

Town Park Rules

- 1. No swimming allowed when lifeguard is not on duty.
- 2. Park passes sold to Brookfield residents and/or homeowners.
- Guests must be accompanied by a pass holder or provide proof of residency.
- 4. No swimming allowed outside the designated areas.
- 5. No flotation devices are permitted, including life jackets.
- 6. Children 12 and under must have adult supervision at all times.
- 7. Only one person at a time allowed on the diving board.
- 8. No dangerous play will be tolerated.
- Swim team floats may be used under beach personnel supervision only.
- 10. No food or beverages are allowed on the beach area.
- 11. No glass is allowed in the Park.
- 12. No smoking on the beach.
- 13. No pets of any kind are permitted.

Swim Lessons and Brookfield Muskrats Swim Team

SWIM LESSON REGISTRATION BEGINS APRIL 23.



Swim lessons are 1/2 hour in length and meet for ten classes. Lessons are held Monday – Friday at the Town Park Beach. Participants MUST have a family beach pass in order to attend lessons.



Lessons will be cancelled in event of heavy rain or thunder and lightning. Up to two days per session will be made up because of weather cancellations. We are not able to accept registrations once a session begins.

Session 1: June 25 – July 9 – no class 7/4 (make up days on 7/10 and 7/11)

Session 2: July 12 – July 25 (make up days on 7/26 and 7/27) **Session 3: July 30 - August 10** (make up days on 8/13 and 8/14)

Fee per session is \$35.00 for one child, \$65.00 for two children, \$90.00 family maximum.

LEVEL:	AGE:	DESCRIPTION:
Pre School Level	3 - 4 yrs	Beginning instruction, water intro, class without parent
Water Exploration Level 1	5 and up	Aquatics orientation, supported floating/kicking
Primary Skills Level 2		Expand fundamental locomotion & safety skills
Stroke Readiness Level 3		Increase swimming competency, safety/rescue
Stroke Development Level 4		Develop confidence & competency in strokes
Stroke Refinement Level 5		Refinement of crawl, back, breast & side strokes

A more detailed list of skills covered at each level is available for your review at the Parks & Recreation Office. We do our best to work with you to ensure that your child is placed at the correct level. However, swim instructors evaluate all swimmers on the first day of lessons, and you may be asked to switch levels so that your child will attain the maximum benefit.

	10:45- 11:15	11:25- 11:55	12:05- 12:35	12:35- 1:05	1:05- 1:35	1:45- 2:15	2:25– 2:55	2:55 – 3:30	3:30 – 4:00	4:10– 4:40	4:50– 5:20
Instructor #1	Level 4	Level 3	Level 5		Level 3	Level 2	Level 4		Level 3	Level 5	Level 2
Instructor #2	Level 2	Pre- school	Level 1		Level 1	Pre- school	Level 1		Pre- school	Level 1	Pre- school



Brookfield Muskrats Swim Team

Swimmers will enjoy the many benefits of the Muskrats Swim Team including daily practices, competing in meets, pasta parties, and team trips. **Practice begins Tuesday, June 19 (or the weekday after school ends if after 6/18)** at the Town Park. There will be an orientation meeting for the parents of new and returning swimmers on Wednesday, June 13, 7:00 p.m. in room 135 of Town Hall. Season calendars and handbooks will be distributed at this time. Practices are held weekdays; times vary

depending on age group. Depending on enrollment, there is a possibility that the practice times may be adjusted slightly when the season begins. Please note that a swimmer's age is as of July 1, 2012. The purchase of a beach pass is *required* to register for the Muskrats. Fee is \$140.00 per swimmer with a family maximum of \$280.00. All swimmers will receive a Muskrats Team T-shirt and swim cap. Please specify t-shirt size (Youth S, M, L or Adult S, M, L, XL) when registering. Other Team apparel (sweatshirts, shorts, pants) will be available for purchase before the start of the season. Order forms will be available at the 6/13 meeting.

8 & under* 10:45 - 11:30 a.m. 9 & 10 11:30 a.m. - 12:15 p.m. 11 & 12 12:30 - 1:30 p.m. 13 & up 1:30. - 2:30 p.m.

*Must pass an evaluation by the Swim Team Coach. All first time 8 and under swimmers will be evaluated on the first day of the program. It is recommended that all swimmers be at Red Cross Level 4 or above.

Community Connection

23rd ANNUAL BUNNY BREAKFAST AND VENDOR FAIR

To Benefit the Brookfield Community and Offer Scholarships to graduating high school seniors living in Brookfield Hosted by the Brookfield Newcomers and Neighbors Club

Bring the kids, visit with the bunny, and enjoy!!
Pancakes, Eggs, Sausage, Fruit
Juice, Coffee, Tea, Water
Games and Activities for the Kids
Vendor Sale
Raffles and Silent Auction

Saturday, March 24 8:30AM - 12:00 PM

(Breakfast Served until 11:00 AM) Brookfield High School Cafeteria

\$7.00 for adults and \$4.00 for children at the door (purchase tickets in advance for discounted packages) Call Ann Salinger 546-8698 or acsalinger@aol.com for additional information

If you would like to make new friends and have fun, join Brookfield Newcomers and Neighbors! We are a social club whose membership includes long-time residents and newcomers to town. We have a variety of activities: TGIF, Socials Dinners, Book Club, Ladies' Night Out, Lunch Bunch, Bunco, and Wine Tasters. If interested, please call Gerry Jove @ 203-740-7178 or gaffneyjove@aol.com or Kathy Powers @ 203-300-5340 or k.mueller@comcast.net.

Frequently Requested Phone Numbers						
Boy Scouts	Ray Pflomm	775-8167				
Brookfield	Field Hotline	775-5238				
Baseball & Softball						
Brookfield Education	Colette Sturm	740-0826				
Foundation (BEF) w	ww.brookfieldeducatio	nfoundation.org				
Brookfield for Youth	Kyle Sanborn	775-0171				
Football & Cheer	Field Hotline	775-5241				
Brookfield	Kevin Madden	775-4434				
Lacrosse	Field Hotline	775-5240				
Brookfield Soccer	Field Hotline	775-5239				
Candlewood Lake	Larry Marciano	860-354-				
Authority		6928				
CT DEP Boating		860-434-				
Div.		8638				
Conservation	Alice Dew	740-2419				
Commission						
Garden Club	Joanne	775-3890				
	McKendry					
Girl Scouts	Julie Blick	740-9015				
blickjulie@charter.net						
Lion's Club	Tom Sullivan	740-7708				
MOMS Club® of	Margaret Petta	775-5854				
Brookfield West momsclubofbrookfieldwest@yahoo.com						
Brookfield Newcome	rs					
and Neighbors www.brookfieldnewcomers.com						
P.O. Box 263						
Rotary Club	Russ Cornelius	775-8010				
Senior Center	Ellen Melville	775-5308				
	Beth Hoolehan					
Women's Club of	Cathy Nielsen	775-4452				
Brookfield	Karen Symington	775-3115				



Brookfield Senior Center

"...a place where things are happening!"

The Brookfield Senior Center seeks to improve the quality of life for Brookfield citizens age 60 and older through social, educational, physical, creative and intergenerational programs. The Senior Center is open for membership for all residents age 60 and older. There is no fee for membership to the Center. Come and Join In On The Fun!

Come and Exercise: Zumba Gold (Monday at 9:30a.m. and Saturday at 9:30a.m.); Yoga (Monday and Wednesday at 2:50p.m.); Chair Yoga (Wednesday at 1:30p.m.); Low Impact Aerobics (Tuesday and Thursday at 9:30a.m.); Beginning Tai Chi (Wednesday at 10:45 a.m.); and Strength Training/Osteoporosis Prevention (Monday at 12:00noon and Friday at 10:15a.m.).

Learn New Skills: Ceramics, art-sketch and paint classes, knit, crafts, crochet, lessons for piano, learn the computer, play bridge, Book Discussion Group, Garden Club and many more!

Come for lunch: Full meals served at noon for only \$2.50 every Monday-Thursday. Reserve 24 hours in advance by calling 775-5309 or signing up at the center.

Travel With us: Take a trip to local events, restaurants, theater, and casinos. Come and check out our full listing of trips for 2012.

Take Charge of your Health: blood pressure and blood sugar screening, flu shots, nutrition talks, and a wide variety of professional speakers.

Improve your social life: Meet friendly new people. HAVE FUN! You'll never sit home alone again.

Sweethart Bus transportation is available for those who do not drive. Call the Center for information concerning the Sweethart bus.

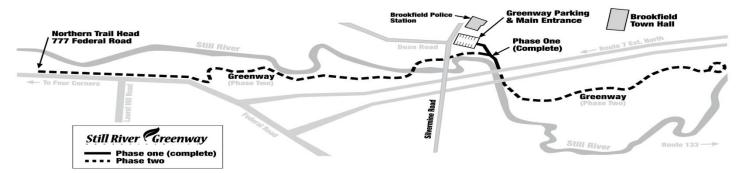
Call Brookfield Senior Center at 203-775-5308 to find out more information about our programs or drop by to visit us anytime!



Kids Kingdom II Update

- We anticipate a mid-April opening of the playground. As with any outdoor construction project this opening is weather dependent, so keep an eye on our website for more detailed information.
- Playground was substantially completed in Fall/Winter 2011/12
- Most permanent features have been installed with a few exceptions that include; toddler swings, cargo netting, blacktop walkways, safety surfacing, benches and landscaping.
- Volunteer opportunity exists for those community members willing to help with landscaping the playground area on Sunday, April 29th. For more information contact Deirdra Wallin at <u>Deirdra114@yahoo.com</u>.
- Ribbon cutting ceremony is tentatively planned for Saturday May 5th. Details to follow.





Phase I (Approx. 1/4 mile)

- Completed Fall of 2011
- New paved trail provides parking (adjacent to the Police Department) and approx. ¼ mile of paved trail that ties into existing earth trail headed south for a total distance of about 1 mile.

Phase II (Approx. 2 miles)

- This portion of the project is currently in the Final design stage.
- Will require a local match of 20% of the project.
- Will require Local, State and Federal wetland permitting.
- Possibility of breaking ground on the balance of this project in 12 16 months.

Proposed trail uses include: *Hiking, walking, jogging, bicycling, rollerblading / skateboarding, cross-country skiing, bird watching, motorized wheelchairs (for handicap access only). Open Sunrise to Sunset.*

Brookfield Parks & Recreation presents: CONCERTS IN THE PARK '2012

In Association with

THE HOUSATONIC TIMES

Subject to change

As of 3/14/12

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Concert Date	Artist	TYPE	Sponsor
	Bock & Blu	Funk-a-licious	co - Newbury Village / Charter Group
June 22	Spud Fest		co - Dr. Claire A. Free, M.D., LLC
	Opus Pocus	Swing	co - Rotary Club of Brookfield
June 29		Standards	co - Union Savings Bank
	Fat Chance	Rock / Blues	Dental Associates of Connecticut
July 6			
	Older Than Dirt	s,02 & s,09	co - Newtown Savings Bank
July 13			co - Hensal Realty
	Top Dead Center	2,08 & 80,2	co - McCaffrey Realty Professionals
July 20			co - Ryer Associates Commercial Real Estate, Inc.
	The Prowlers	Dance	co - Moms Club of Brookfield West
July 27		Party	co - Webster Bank
	Scratch	Dance	Recreation Enhancement Council
Aug. 3		Party	
	Band of New York	Swingin'	Western CT Health Network
Aug. 10		Soul	
	In Harmony	50's & 60's	co - Brookfield Newcomers & Neighbors Club
Aug. 17			co - Newtown Savings Bank
	Bock & Blu	Funk-a-licious	Music Together of Greater Danbury, LLC
Aug. 24			
	Dan's Garage	Classic Rock	co - Matson Financial Advisors
Aug. 31		60's - today	co - Brookfield Chamber Of Commerce

Concerts are scheduled Friday evenings from 6:30 to 8:00 pm at the BANDSTAND

Located at Town Hall, 100 Pocono Rd.

Family Fun! Bring a Chair or Blanket and Picnic in the Park!

Registration Information

The dates listed below apply to spring program registration.

Please look under camp and waterfront for dates
to register for summer programs.



By phone when paying by VISA, Master Card, or American Express. Call 775-7310 and press 3 to speak with a staff member. Registration by phone for all spring programs begins Monday, March 26. Please note dates for summer program registration within the brochure.



By mail, include your name, address, phone number and the course that you are registering for, along with your check or credit card information. Enclose a self-addressed stamped envelope if you would like a receipt.



In person at the Brookfield Municipal Center, 100 Pocono Road. The Parks & Recreation Office is open Monday through Friday, 8:30 a.m. - 4:30 p.m. Our

Office is on the second floor across from the First Selectman's Office in Room 210. You may register in person for spring programs anytime during office hours. Please note dates for summer program registration within the brochure.

REGISTRATIONS

1) Will be accepted in person, by mail, or over the phone on a first come, first served basis. Full payment must accompany registration. 2) If you would like a receipt from a mail-in registration, enclose a self-addressed, stamped envelope. 3) A \$15.00 charge will be assessed on any returned checks. 4) Non-Brookfield residents will be accommodated beginning 2 weeks prior to the start of a program with payment of a \$5.00 surcharge.

REFUND POLICY

1) Registrations may be canceled up to one week prior to a program's starting date. 2) No refunds will be given once a program has begun, unless a substitute can be found by this Department, or unless there is a medical emergency. 3) Absolutely no refunds will be given for any used portion of a program. 4) All refunds are subject to a 10% administrative surcharge.

PROGRAM CANCELLATION POLICY

1) Parks & Recreation reserves the right to cancel any program due to lack of participation 2) Approximately one week prior to the start date for each program, a definite decision will be made to cancel or run the program.

Make check payable to: Town of Brookfield

BROOKFIELD PARKS & RECREATION REGISTRATION FORM

esponsible Person:				Home Pho	ne:			
Address:	ddress: Work Phone:			ne:				
City:	State:Zip:			E-mail:				
Program Title	Se	ssion [Registrant's Name	D.O.B.	Grade-Fall 12	Fee		
				/ /				
				/ /				
				/ /				
				/ /				
				/ /				
Total: hereby give permission for myself/my child to participate in this activity and assume the risk thereof and I do covenant for myself, my child, our eirs and assignees at all times to keep the said Parks and Recreation Commission and the Town of Brookfield free, harmless and indemnified om any and all liability for any injury myself/my child might sustain as a result of said participation. Responsible Person Signature:								
Payment Information:	Cash: S	\$	Check: \$	_ Check #:_	Initials:_			
'	ount	Card Number		Exp. Date	CVV (3 digits on back	of card)		
1/C Visa Amex \$				/				



P.O. Box 5106 Brookfield, CT 06804 (203)775-7310 PRST STD U.S. Postage PAID Permit #69 Brookfield, CT

RECREATION STAFF:

Dennis DiPinto, Director Mary Knox, Recreation Supervisor Donna Korb, Administrative Assistant

PARKS MAINTENANCE STAFF:

Chris Rabuse, Parks Supervisor Chris Shaw, Crew Leader Rob Haggerty Rick Lamparelli

COMMISSION:

Sara Kincade, Chair
Ed Butt, Co-Vice Chair
Joei Grudzinski, Co-Vice Chair
Rob Blick Dave Keefe
Bryan Chnowski Chris Delia
Elaine Rajcula, Commission Secretary

CURRENT RESIDENT BROOKFIELD, CT 06804



The Brookfield Parks & Recreation Department does not discriminate on the basis of race, color, national origin, gender, religion, age or disability in provision of programs and services. Individuals with disabilities are encouraged to register.

The Brookfield Parks & Recreation Department is complying with the Americans with Disabilities Act (ADA) Public Law 101336. The law addresses issues of accessibility of facilities and programs. Provisions of reasonable program accommodations will be made on a case-by-case basis to allow people with disabilities to participate in and benefit from programs. Documentation of disability is required when requesting reasonable modifications.

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Registration for spring programs begins Monday, March 26